### What r u doing this weekend?

Whether holidaying with your family, on your first independent trip, or visiting with a group of friends, the National Park has something for you. There's stacks for young people to do in the Dales and plenty of space to do it in.

Put everything you need into a bag and jump on a bus or train to start your own mini - or mighty - adventure. With youth hostels, bunk barns and campsites to choose from, staying overnight on a budget doesn't need to be a problem either.

National Park smartphone app available for iPhone, Android, Symbian and Blackberry. With facts, trails and even 360 degree panoramas, there should be plenty to get you inspired.

Download our free Yorkshire Dales

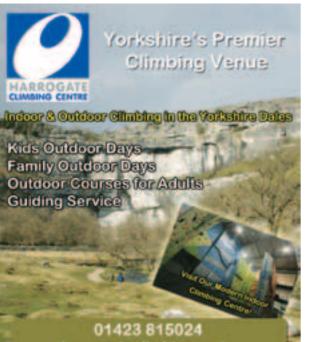


Check out our fact sheets for safety tips, what to bring and what to expect on a day out in the hills, and always follow the countryside code. www.yorkshiredales.org.uk/youngpeople



### Why bother?

Getting out into the country can help to protect its future. More people spending money there will help keep it alive. Make sure your visit is as green as possible - take only photos and leave only footprints, and use public transport to get around. There are lots of great attractions and events and delicious things to eat and drink. Plus mountain biking, climbing, walking - any activity in the fresh air that gets your heart and lungs going - can tone you up and make you feel good too. So why not give your mind, body and spirit a treat and get out into the Dales!







tation



Please ring to book. Admission from £20 per person - discount Harrogate or fully mobile to come to you! Corporate events, (6 years +), latest technology, multi-activity packages.

If two wheels are your thing,

www.cyclethedales.org.uk has everything you need to know to get out on your bike in the National Park. There are lovely gentle rides in valley bottoms right up to the challenge of the 130 mile Yorkshire Dales Cycle Way. Or if you like to go off the beaten track then www. mtbthedales.org.uk is for you. Harvey's Maps available at National Park Centres show graded mountain bike routes.

Browse www.yorkshiredales.org.uk/ traveldales or the journey planner on www.transportdirect.info for how to get to and through the National Park.

Music, drama, caving...the Dales has a festival to cover it! Get a taster of what's on at www.yorkshiredales.org.uk/festivals.



Ingleton Overground Underground Festival (27 May to 4 June) offers traditional and unexpected ways to experience the landscape, above and below ground, you can 'Ride2Stride' on foot and by rail at the Settle-Carlisle Walking Festival (1 to 7 May), while at Dentdale Music & Beer Festival (22-24 June), well...it does what it says on the tin!





x: 01756 799077

Page 26

Born in Bradford, John Dunne, 43, was the first person to free climb the central wall of Malham Cove from the beck to the terrace 270 feet above in 1988.

"Climbing in the Yorkshire Dales National Park gave me life-changing experiences. Early walking trips soon led onto climbing and exploring its world class venues.

"The Dales are a great place to experience the fantastic climbing, from the easier climbs of Twisleton and Giggleswick Scars to the huge overhanging face of Malham Cove.

"Make it a priority to see the very best the Dales has to offer!"

Britain's winning landscapes is the theme of National Parks Week 2012 (30 July to 5 August) in celebration of an Olympic year. It aims to encourage young people to get outdoors and be healthier, however you choose to do it.

Visit the event section of our website to find out what's in store - and look out for John again in 2012 as our embodiment of the Dales competitive spirit and personal challenge!

Catch a glimpse of the Olympic torch when it passes through Aysgarth on 20 June and Skipton on 24 June.

#### Join the chat online



yorkshiredales www.twitter.com/ yorkshire\_dales www.flickr.com/

www.facebook.com/

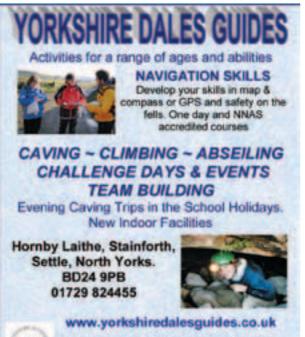
Need some help? We've got it covered.

Visit our website **www.yorkshiredales.org**. **uk**, ask us questions or swap National Park

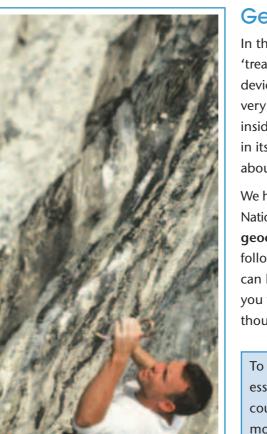
tips with others via Twitter or Facebook, or give our National Park Centres a ring - the friendly staff are there to help you (see page 5 for contact details)

Get your teeth into Bluetooth! Download trails and interesting information about the surrounding area using your phone at our Bluetooth hotspots at Hawes, Grassington and Reeth National Park Centres.





AAZA Registered to provide activities under the following headings Caving, Hill Walking & Mountaineering, Gorge Walking, Rock Climbing & Abselling.



#### Get into geocaching

In this fun sport you hunt out carefully hidden 'treasure' using maps and satellite navigation devices. If you find a cache or box (and some are very hard to spot!) there will often be trade items inside - if you take one you must leave something in its place - as well as a logbook and information about the landscape features around you.

We have put together several geocaching trails in the National Park - look at **www.yorkshiredales.org.uk**/ **geocaching** or ask at National Park Centres. Just follow the clues using a handheld GPS unit - you can hire them from us. Be careful that no-one sees you fetching the cache from its hiding place though - non-geocachers are called 'muggles'!

To get going, why not join the experts. Learn essential map reading skills with our Pathfinder courses (see page 18) or get a taste of mountain-biking (National Trust taster days on 8 June, 28 July and 11 August).

You can also experience everything from drystone walling and fell running at an annual village show to falconry and archery (see Coniston Hotel on back cover) and even re-enactments at Bolton or Skipton Castles. Check the events listing and ads for ideas.

# THE ULTIMATE ADVENTURE

Escape to Lightwater Valley and discover the excitement of a day bursting with thrills, chills and adventure; catapult to dizzying heights aboard Whirlwind, a typhoon of screams that'll twist even the bravest of souls, and hurtle through some of our deepest, darkest forest aboard Europe's longest roller coaster - The Ultimate.

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"Cals an dward of 51 peace per initiate frame ET South as other retworks and mediate will be considerably mem.

Save over 30% with this voucher. This voucher entitles upto 6 people to enter Lightwater Valley for only



### Win a weekend break for two in the glorious Yorkshire Dales

All you have to do is to complete the questionnaire below and return it to us by 1 September 2012 - it's as simple as that!

Our prizewinner will be the first name drawn on 7 September and will enjoy a 2 night break with bed and breakfast for 2 adults up to the

1. Where did you obtain your copy of 'The	6. Were you direc	tly	influ	Jen	ced	by '⊺	ſhe	8. Overall, how
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						<ul> <li>35-44 year</li> </ul>		
5. What would you like to see included in	bulance of devertis	1	2	3			6	_
future editions?	Range of articles and features					<b>5</b> 5-64 year		
		1	2	3	4	5	6	75+ years

value of £200.

For your chance to win this super prize send in your questionnaire right away!

8. Overall, how satisfied were you with						
this p	ublic	ation	(ple	ase ci	rcle)?	
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10. Are you a resident of the Yorkshire Dales National Park 🖵 , a day visitor 🖵						
or on holiday 🖵 ? (please tick)						
11. Please indicate your age group						
18	3-24 y	ears			25-34 years	
35	5-44 y	/ears			45-54 years	

55-64 years

Please fill out this form and return along with your questionnaire so we can enter you into the prize draw.

The first entry drawn on				
7 September 2012 will receive the				
prize of a weekend break for two.				
Name				
Address				
Postcode				
Please return to: The Visitor 2012 Prize				
Draw, Yorkshire Dales National Park				
Authority, FREEPOST BD625, Grassington,				
Skipton BD23 1BR				

Terms & Conditions: 1. Prize is 2 nights bed & breakfast accommodation for up to 2 people (to be taken before 31 December 2013) to a maximum value of £200 to be selected from www.vorkshiredales.com, 2. Entries to be received by 1 September 2012, draw will take place on 7 September 2012. 3. Entrants must be 18 or over. 4. Prize is nontransferable & cannot be exchanged. No cash alternative. 5. Conditions apply. For full terms & conditions email info@yorkshiredales.org. uk or call 0300 456 0030. Please note that your name and address will not be used for any future mailings by us or any third party.

### Campaign - Protect - Enjoy

The Yorkshire Dales Society, an independent charity, works to both celebrate and protect the special landscape and culture of the Dales, whilst supporting measures to safeguard the local economy, especially upland farming.

Based within the Dales, the Society supports the work of the Yorkshire Dales National Park Authority and other agencies to prevent damage and degradation to this unique heritage by unsightly development, yet seeks to encourage environmentally sustainable forms of tourism and recreation, especially

when such activities support the local economy and small businesses.

The Society's Dales & Bowland Community Interest Company now manages the Sunday and Bank Holiday DalesBus network to provide sustainable access into the National Park to help reduce congestion and carbon.

Members of the Society enjoy regular lectures, walks and visits, and receive the quarterly Yorkshire Dales Review with thought-provoking articles of interest to everyone who cares about the area.



YDS members learning about hay meadows near Winskill, Ribblesdale

### **Tourist Information Centres**

**65-74** years

Harrogate	0845 3893223	tic@harrogate.gov.uk
Horton-in-Ribblesdale	01729 860333	mail@pen-y-ghentcafe.co.uk
Ilkley	01943 602319	ilkley@ytbtic.co.uk
Ingleton	015242 41049	ingleton@ytbtic.co.uk
Kirkby Stephen	017683 71199	ks.tic@eden.gov.uk
Leyburn	01969 622317	info@welcometoleyburn.co.uk
Malham	01729 833200	malham@yorkshiredales.org.uk
Pateley Bridge	0845 3890179	pbtic@harrogate.gov.uk
Reeth	01748 884059	reeth@yorkshiredales.org.uk
Richmond	01748 828742	barry@richmondtouristinformation.co.uk
Ripon	0845 3890178	ripontic@harrogate.gov.uk
Sedbergh	015396 20125	tic@sedbergh.org.uk
Settle	01729 825192	settle@ytbtic.co.uk
Skipton	01756 792809	skipton@ytbtic.co.uk



### **Distinctly Dales**

What makes the Dales the Dales? Local legends, curious landscape features, village shows with age-old traditions, dialect words, local food and drink - it is the distinctive yet sometimes less obvious things that can make a place so special and that, once discovered, can also make our experience of it all the more enjoyable.

Major landmarks and famous sights can mark one place out against another but it's not just big features that form an impression. It's everything, little and large, natural and man-made, which combine to create a true 'sense of place'.

Sometimes what makes an experience most thrilling is the smaller details that are easily missed, but which we love once we know about them.

So next time you visit the National Park, take it slowly, look closely, and have a distinctive experience all of your own.

There are placenames in the Dales that are Anglo Saxon - Swale ('rushing'), Ribble ('boundary') - but it was the Viking invaders who left the biggest mark. *Gill* ('ravine'), *foss* ('waterfall') and *thwaite* ('clearing') are all down to them, as is the most common place name element *by* (Carperby, Thoralby) meaning 'farm'.

Sheep creeps are holes in drystone walls which allow sheep to pass between fields - usually to get to water - but which are too small for cattle. Smaller holes were sometimes created for rabbits as it prevented them burrowing and causing the wall to collapse - often a 'drop box' was fitted one side to catch them.



Scattered around the moors and valleys, sheepfolds are stone enclosures for gathering sheep for treatment or transportation. Washing the sheep before taking them to market meant the price of wool would be increased, so some were built near becks and gills. The beck would be dammed to raise the water level and the sheep pushed in and under with sticks for a thorough drenching. The ancient ritual of Burning Bartle takes place every year in the village of West Witton near Leyburn. On the Saturday nearest to St. Bartholomew's Day (24 August) a larger than life figure is paraded down the village main street accompanied by repeated chants of the



Wensleydale cheese creates a strong association with the Dales, but there are many fantastic local food and drink producers and products. Ask around for local recommendations.

Myths and legends abound in the Dales. You may be pleased to find Janet, Queen of the Faeries, at enchanting Janet's Foss waterfall in Malham - but beware the devil dog, the Barguest, that haunts Troller's Gill!

churchyard was consecrated.

Copper coins have been hammered into this dead tree trunk for good luck for many years. There is also a money tree at Bolton Abbey. *Coin tree, Janet's* 

Foss, Malham

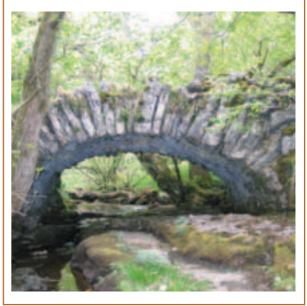
The stone slab in the verge by lvelet Bridge was said to have been a coffin stone, set there for the purpose of resting the wicker baskets taken along the Corpse Way from Upper Swaledale for burial in the churchyard at Grinton. This practice continued until 1580 when Muker

Local legend has it that Lady Hill in Wensleydale was named after Mary Queen of Scotts who was imprisoned at Castle Bolton. This prominent drumlin - egg-shaped ridge formed by glaciers - just to the west of the castle was planted with Scots Pine trees, perhaps to improve her view? It was also a purpose-built rabbit warren used for breeding silver haired rabbits whose skins were in particular demand in the eighteenth century. Bartle doggerel.

When Bartle reaches 'his end' in Grassgill, he is set alight, accompanied by songs and cheers from the assembled masses!

Find out about other village shows on pages 15-25.

Crook Gill packhorse bridge in Wharfedale would have been an important part of an old trading route. You can often spot what might have been a packhorse bridge by its lack of side walls.





Until the eighteenth century, two stone posts cut with sockets and grooves was a common gate design; removable wooden poles closed the gap. Originally for animals, most are too

narrow for vehicles, and one post was often removed to widen access. It is now unusual to find both gateposts still in place. Some of the best examples can be seen in Coverdale.





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Wild boar park
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ary - 2<sup>nd</sup> November, 10am-5.30p

Large romantic garden surrounded by 18th Century parkland with a superb John Carr house (not open). Fine trees, woodland walks, extensive shrubs, roses and fine displays of tulips and daffodils. Set in beautiful countryside at the entrance to Wensleydale. Group tours of the hall and gardens are invited by prior arrangement. Constable Burton Hall Gardens are 8 miles west of the A1 on the A684 between Bedale and Leyburn. **Opening:** 24th March - 30th Sept 2012, 9am - 6pm

(closed for private event 25th, 26th & 27th May) **Tulip Festival:** 5th - 7th May 2012 Adults £4 • OAP £3 • Children 50p

Constable Burton, Leyburn, North Yorkshire, DL8 5LJ Tel: 01677 450428 Fax: 01677 450622 Web: www.constableburton.com



www.station-hotel.net

### **Darley Mill Centre**

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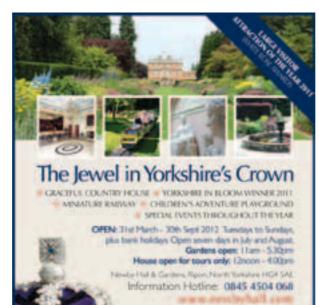


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Winner of Vorlahite's Large Visitor Attraction of the Year Award 2010. Dise of Yorkshire's most relaxing and supming gardem of the gabway to the Yorkshire Date. Wande through transpil surcoundings and find impretion from the innextive and aliamatic planting. Strott along the streamistice garden and woodland, exprise the gardem through time; linger in the scented garden and take practical kiews from the kitchen garden.

Year round events include workshops, guilded works, family events and practical gardening demonstrations. Visit the extensive shop and plant centre; get odivice for your garden and why not enjoy some delicious treats from the an-site Betty's Café & Teanorms.

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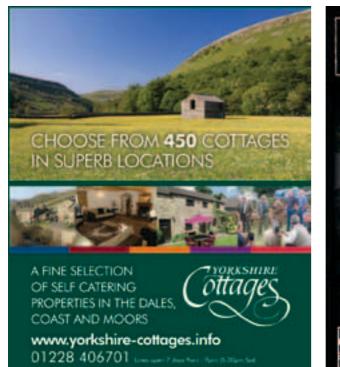
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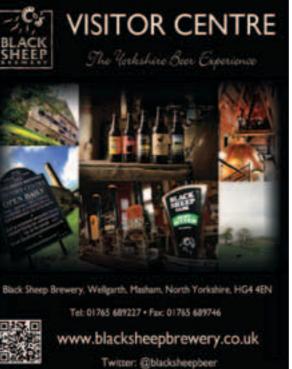
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Visit the Yorkshire Dales National Park online at www.yorkshiredales.org.uk

Newby Hall & Gardens





### Your Yorkshire Dales National Park: a snapshot

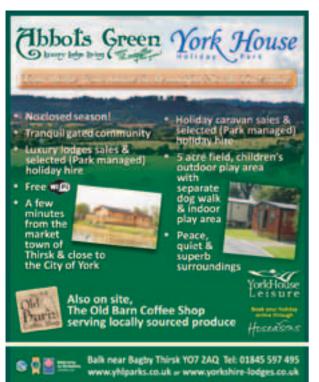
What do you love about the National Park and would like to see looked after? What things would you change if you could to keep or improve the area as a special place to live, work and visit?

We are running a photo competition to help us find out.

Images have to be of the Yorkshire Dales National Park and there are four broad themes to enter them under:

- wildlife and habitats
- people and places
- fun and adventure
- farming, tourism and other employment

Each photo must be accompanied by a brief explanation as to why you feel it illustrates what you'd like the National Park to be like in ten years time. Judges will be looking at both the image and text when making their decision.



It's free to enter and you can submit up to five images - the deadline is 3pm on 9 November 2012. Winners will be announced on 23 November 2012.

For details and full terms and conditions visit www.yorkshiredales.org.uk/your

#### Prizes

The winners (both an adult and an under-18s

prize will be awarded) will receive a framed copy of their image which will also be published in The Visitor 2013 - plus a backpack filled with delicious local produce to help keep them fuelled on their next photo expedition.

The top 5 photos will be turned into postcards sold at National Park Centres and feature on www.yorkshiredales. org.uk.

The top 20 photos will feature in a public exhibition in February 2013 at Dales Countryside Museum and appear in the National Park Management Plan and Vision documents.





For further information please contact Thirsk Racecourse Ltd **Tel: 01845 522276** www.thirskracecourse.net Thirsk Racecourse

#### FIXTURES - 2012

Saturday 21st April - Opening Meeting Saturday 5th May - Thirsk Hunt Cup Saturday 12th May (evening) -Spring Evening Meeting Saturday 19th May - Irish Day Tuesday 19th June - Champagne Tuesday including Best Royal Ascot Hat Competition Monday 25th June (evening) -Summer Jazz Nights Friday 27th July - Yorkshire Racing Summer Festival Friday 37th August - Thirsk Summer Cup Monday 13th August (evening) -Summer Jazz Nights Monday 20th August - Family Day

Friday 31st August - Family Day Saturday 8th September - Ladies' Day Tuesday 18th September - Final Meeting

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### Ingleton

#### Nestled in the

Ingleborough foothills, Ingleton is surrounded by deep caves, spectacular waterfalls and fascinating archaeological sites.

Local attractions include White Scar Cave, Britain's longest show cave, and the lovely Ingleton Waterfalls Walk and climbing Ingleborough and Whernside for the fantastic limestone pavements of Twisleton Scar and superb views is a must.

Clapham lies nearby, with its pretty beck running through the centre of the village. From here, a stroll up the Nature Trail takes you to Ingleborough Cave which forms an outlet for the famous Gaping Gill system.



Visit the village websites www.ingleton.co.uk and www.visitingleton.co.uk



#### Fell and cave rescue

The three Yorkshire-based rescue teams - all staffed by highly trained volunteers - don't just help potholers and climbers, they are just as likely to be called to walkers. In fact simple slips causing ankle and knee injuries at lower levels create the majority of incidents.

Swaledale Mountain Rescue Team, Upper Wharfedale Fell Rescue Association and the Cave

In an emergency, would you know how to get help? Whatever your activity, if you're away from a road and need a rescue team...

- 1. Call 999
- 2. Ask for 'Police' and say which county you are in
- 3. Ask the Police for 'cave' or 'fell' rescue
- 4. Say where you are and give a description and grid reference
- 5. Describe the problem and answer any other questions
- 6. Stay by a phone or where you can maintain a signal on your mobile, keeping the line clear so you can be called back.

The rescue team will call other services as required.



Stabilising a canyoner with fractured leg near Beezley Falls, Ingleton, while other CRO members provide security and prepare for the lift out.

Rescue Organisation (supported by Kendal and Kirkby Stephen MRTs which operate in Cumbria) provide a 24 hour a day 365 days a year safety net for anyone who ventures off the beaten track, whether above or below ground.

Although the Police have overall responsibility for inland search and rescue, the voluntary teams work alongside the statutory emergency services, using their skills and experience to go to parts that others can't reach. Between them, the three teams respond to around 150 call outs each year. It costs about £30,000 annually to run each team, all from fundraising.

To find out more, visit the teams online at www. swaledalemrt.org.uk, www.uwfra.org.uk and www.cro.org.uk

The National Park Authority has helped fund 'Calling for help' advice cards - pick one up from National Park Centres, shops and cafes.

The Cave Rescue Organisation in Clapham is believed to be the first in the world. It was formed after an incident at Gingling Hole in 1934 - a potholer broke his leg and the long drawn out rescue provided a serious lesson for all. The following month, Settle St John Ambulance, Giggleswick School and six potholing clubs met and proposed the world's first cavers' self-help group.

Page 32

### **Easy going Yorkshire Dales**

Public access is at the very heart of the Yorkshire Dales National Park.

National Parks were founded sixty years ago with the firm belief that everyone had the right to the clean air and spiritual refreshment the countryside provided, and we believe that all should be able to enjoy this beautiful landscape, no matter what their level of ability.

Reducing physical barriers - such as improving damaged or uneven paths, replacing difficult stiles with gates, and the general easing of use on rights of way for all - can benefit everyone.

Whether you are visiting as a young family with pushchairs, have limited mobility or are a wheelchair user, or have a dog who just isn't that keen on stiles, we have been working hard to ensure that you can share in and enjoy the National Park, too.

A good example is the barrier reduction work carried out in the Cumbrian part of the National Park over the last few years by our Ranger Service and Dales Volunteers.

The principle was to improve access wherever

Both walks are linear - you can return to Sedbergh by retracing your steps and enjoy a different view on the way back - but there are plenty of opportunities to use other paths to

#### Route 1 Sedbergh East: Farfield Mill & Dowbiggin

**Distance** 1<sup>1</sup>/<sub>4</sub> miles (2km) one way or 2<sup>1</sup>/<sub>2</sub> miles (4km) return

#### Time allow 2-3 hours

**Route** From the main car park on Joss Lane in Sedbergh, turn left along Main Street and then right on to Back Lane heading towards the pedestrian crossing. Crossing over, turn left and then turn right along Vicarage Lane. Turn right onto the footpath below the Old Vicarage and school buildings taking the footpath on the left of the school playing fields to reach the north bank of the River Rawthey at New Bridge. Cross the main road on this side of New Bridge and follow the footpath over fields to the main Cautley Valley road at Straight Bridge.

Crossing over the road bridge, turn right down Row Lane, a quiet, walled and hedged lane, towards Garsdale Bridge and Farfield Row. Cross Garsdale Bridge for the short walk along the walled lane high above the River Clough to Farfield Mill Arts and Heritage Centre.

To extend your walk take the footpath heading from Garsdale Bridge on the left before crossing the River Clough. This follows the riverbank over fields to Hall Bank and Dowbiggin Lane.

possible, removing any obstacle that would make difficult, impede or otherwise deter use of the route, but making any changes as carefully and sensitively as possible to maintain character. By making these alterations our hope is that more opportunities are created for getting people of all abilities out into the wider countryside.

This type of work has to be done in close

negotiation with the landowner. All gates and

stiles are their ownership and responsibility and

their needs must be carefully considered too, as

proof. Walls, fences and hedges are more secure

with a stile set within them, so it is essential that

through them to avoid sheep and cattle escaping.

vary the trip so do take a good map: OS Explorer

1:25,000 is recommended. It is not advisable to

The 'Access for all abilities' section of our

website www.yorkshiredales.org.uk

contains lots of useful information to

opportunities for recreation are suitable for you.

There are five free Access for All publications to download covering Malhamdale & Ribblesdale,

Wharfedale and Garsdale, Dentdale & Sedbergh

attractions and points of interest. You can also

The 'Miles Without Stiles' section of the website

has interactive maps which allow you to look at

a route in detail, including the size and type of

gate or stile and judge whether it's right for you.

help you decide whether a right of way or

Swaledale & Arkengarthdale, Wensleydale,

which contain 17 further trails, as well as

pick these up at National Park Centres.

the new gates are closed by anyone passing

the boundary crossing has to remain livestock



Sedbergh and the Howgill Fells from Combe Scar

Cumbria Area Ranger Paul Wilkinson has suggested two great trails packed with interest on improved routes around Sedbergh, which lies at the foot of the beautiful Howgill Fells in the north west of the National Park.

Both offer fine views and easy walking with gentle inclines and gates only, no stiles. Please note that fields are likely to contain livestock, and take care when crossing the busy main and back roads.

### Route 2 Sedbergh West: Brigflatts

**Distance** 1<sup>1</sup>/<sub>2</sub> miles (2.4km) one way or 3 miles (4.8km) return

Time allow 3-4 hours

**Route** From the main car park on Joss Lane in Sedbergh, turn right along Main Street to Station Road. Cross Station Road and take the footpath on the right of St Andrews Church and the cricket pavilion, heading south along lanes and over fields.

Cross Busk Lane and continue to Birks Lane. Walk along Birks Lane for a short distance and take the footpath on the right into fields heading west, passing under the disused railway line and onwards to the hamlet of Brigflatts and the peace and solitude of the Quaker Meeting House and garden.



### Wensleydale

Famous for its hills and dales, historic villages, traditional markets and crafts, Wensleydale provides an excellent holiday base from which to explore the Yorkshire Dales.

Water is an important feature. The three steps of Aysgarth Falls and the highest single-drop waterfall in England, Hardraw Force, but there are many others to enjoy.

West Burton - in the Walden Valley - has its own spectacular waterfall, Cauldron Falls, made famous by the artist | M W Turner - and Mill Gill Falls at Askrigg and Cotter Force to the west are equally magnificent throughout the year.

Semer Water is the largest natural lake in the Dales. With its calmer waters, it provides activities for anglers, canoeists and sailors.

Hawes is home to the Dales Countryside Museum, world-famous Wensleydale Creamery, Ropemakers and the recently restored Gayle Mill (pictured) as seen on the BBC's Restoration. From here you can

also set off on a red squirrel trail to see these loveable creatures making a comeback in their natural habitat ask for details at the National Park Centre.

Lower Wensleydale's main town is Leyburn with its three distinct cobbled squares where the thriving market is held every Friday.

Bainbridge has a fascinating Roman history, being the location of a Roman road and fort, and across the River Ure is the village of Askrigg -

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A charming Yorkshire Dales Country Hotel maile famous

when James Herriot staved here

for his honeymoon. All 13 room are m-nuite and have recently

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Eat good, eat heartily

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Closed Monday except school Hotiday periods and Bank Hotidays

TEL: 01969 667691



the home of the fictional vet James Herriott from TV series 'All Creatures Great and Small'.

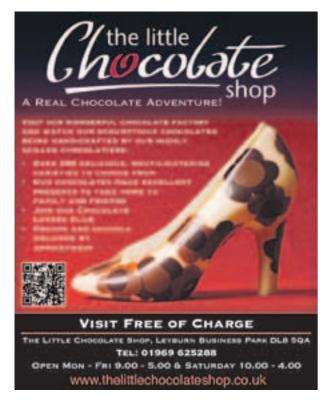
For your very own secret garden experience, visit the wonderful Aysgarth Edwardian Rock Garden, commissioned by local landowner Frank Sayer-Graham (1859-1946). It has such a fascinating story that it is now Grade II listed.

Jervaulx Abbey, located in a beautiful, wooded setting by the River Ure, is privately owned but open to the general public. On your visit, please



make a donation in the 'honesty box' to help towards its upkeep.

For more unspoilt and tranquil scenery, Bishopdale and Coverdale (Wensleydale tributaries) are secret gems waiting to be explored.

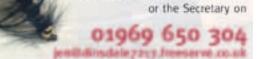




when visiting Aysgarth Falls

For delicious home-made food including home-made Beef Burgers, an excellent range of fresh Sandwiches, Cakes (including Carrot Cake), Bracken (served with a slice of Wensleydale Cheese), Flapjack and our scrumptious Scones (with a reputation to be some of the largest and most delicious Scones in England!) - served with jam and cream.

Open every day (except Christmas Day) - 10am - 5pm Situated within the Aysgarth Falls National Park Tourist Information Centre Aysgarth Falls, Leyburn, North Yorkshire DL8 3TH



15 miles of trout and grayling fishing

Daily, weekly and season licences available from:

Three Peaks Ltd, Caravan Club Site, Pennine Gifts, Waltons of Hawes

#### WENSLEYDALE Longwool Sheepshop Home of the rare Wensleydale Sheep.

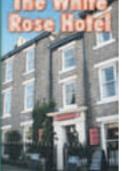
Hawes & HA Angling Association

which gives the soft and lastrous wool for our knitting yarns, locally hand-knit garments, tops and fleeces Cross Lancs Farm, Garriston, arn, N. Yorks DL8 5JU Tel/Fax: 01969 623840 Email: ry daleshrepshop@hte Tues-Sat and most Sundays 10am-5pm and Barik Holidays.



Frem November 1st-31st March open Tuesday. Mail only available throughout the year If these days do not suit please ring - we are usually here? www.wensleydalelongwoolsheepshop.co.uk









due to its fantastic location and start, who found me my ideal Holiday Home on a pitch with a fantastic view of the Yorkshire Dales – absolute bliss! In the months I have been here I have never regretted the decision as I now have my own piece of heaven here in Wensleydale."

Shelia Thompson

Check out our NEW website: www.parkleisure.co.uk

Lo Call

0844

a Duck Linnie Duck

To arrange your 'no obligation' tour please call

West Witton, Leyburn, North Yorkshire SAT NAV DES 4NA

826 3175

**Wensleydale Railway** Leeming Bar Station, Leases Road, Leeming Bar DL7 9AR

08454 50 54 74 www.wensleydalerailway.com



### Make the most of your visit

We all want that feel-good factor from our holiday.

And feeling that you are helping to look after the place you have chosen to visit can provide the biggest feel-good factor of all.

#### Love local

The Yorkshire Dales is justifiably famous for its locally-produced food and drink. From delicious free-range lamb and beef, to cheeses from Swaledale, Ribblesdale and, of course, Wensleydale! Then there are homemade jams, chutneys and ice-cream.

For those that like their ale there is a massive range of local breweries to choose from -Theakstons, Black Sheep, Dent, Copper Dragon and a fine collection of micro-breweries to be discovered.



Chris Wildman farms in Kirkby Malham and has set up an online meat business, Paganum



Linton Laithe, run by the farming Metcalfe family in Linton, offers a local feel with luxury.

Many of our accommodation providers will offer great local fare as part of their menu choice.

For dates of farmers markets visit www.ndfm.co.uk, and for annual food festivals and shows selling regional produce browse our event pages 15-25.

There is a thriving network of local artists and craftspeople whose work is inspired by this stunning landscape and can provide the perfect way to remember your visit.

### Explore from the door

Whilst you are here why not take the opportunity to really get to know the local area. There is so much to see and do, and taking the time to explore will reveal those quirky features which make it all the more memorable.

Why not ask your accommodation provider for ideas of what you can do straight from the door?

### Respect...Protect...Enjoy

We want you to enjoy your visit - and for other people to enjoy themselves just as much after you have gone home - so please follow the Countryside Code:

- Be safe plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals, and take your litter home
- Keep dogs under close control
- Consider other people.

Yorkshire Dales National Park Authority and Nidderdale Area of Outstanding Natural Beauty are encouraging and supporting tourism businesses in taking simple measures to minimise threats to the environment, enhance visitors' experience and reduce costs at the same time. Find out more at www. yorkshiredales.org.uk/sustainabletourism



Rosemary Hyslop of Layhead Farm Cottages set up a local produce armchair shopping service for her visitors

Weekly car park tickets are great value if you are staying more than a few days. They are valid at all National Park and Richmondshire District Council car parks and available from National Park Centres (see page 5).

Businesses in and near the National Park recognise that they are operating in a special area and are proud of their green credentials. Many have taken actions to make their businesses more environmentally friendly and some have even gone the extra mile and been reen accredited under the Green GOLD Tourism Business Scheme - look out for the green leaf symbol.



### Keeping the Dales special

There are many ways to get involved. You could join one of the Friends organisations, such as Friends of the Dales Countryside Museum and enjoy access to special events, or Friends of the Three Peaks (see below).

You could plant a tree through the Yorkshire Dales Millennium Trust or support Donate to the Dales to help with conservation projects -National Park Centres and many businesses carry donation boxes and further information.

### Be a pal of our Peaks

Yorkshire's famous Three Peaks of Pen-y-ghent, Whernside and Ingleborough in the west of the National Park instil awe - and a challenge.

With over a quarter of a million people visiting each year our rangers and volunteers face a constant



struggle to hold back footpath erosion.

Now those who use and love the area have the chance to give something back by joining the Friends of the Three Peaks.

As well as an annual membership fee of £10, Friends can help by undertaking or donating to fundraising activities, getting involved in maintenance as part of Ranger-led groups, buying or selling exclusive merchandise, and sharing their passion with others and encouraging them to join the scheme too.

Benefits include regular newsletters, an annual gift, invitations to events, meeting like-minded people, access to unique volunteering opportunities, and most importantly that they are helping to maintain good access to their favourite hills.

Ask at a National Park Centre about joining or visit www.yorkshiredales.org.uk/threepeaks

Look out for the Dales Bus logo you'll receive a discount on services on receipt of a valid bus or train ticket. There are lots of offers available, from a free cup of tea with your meal to reduced entry to an attraction.

### Accommodation

There's a great selection of accommodation in the Dales so why not stay longer and explore even further.

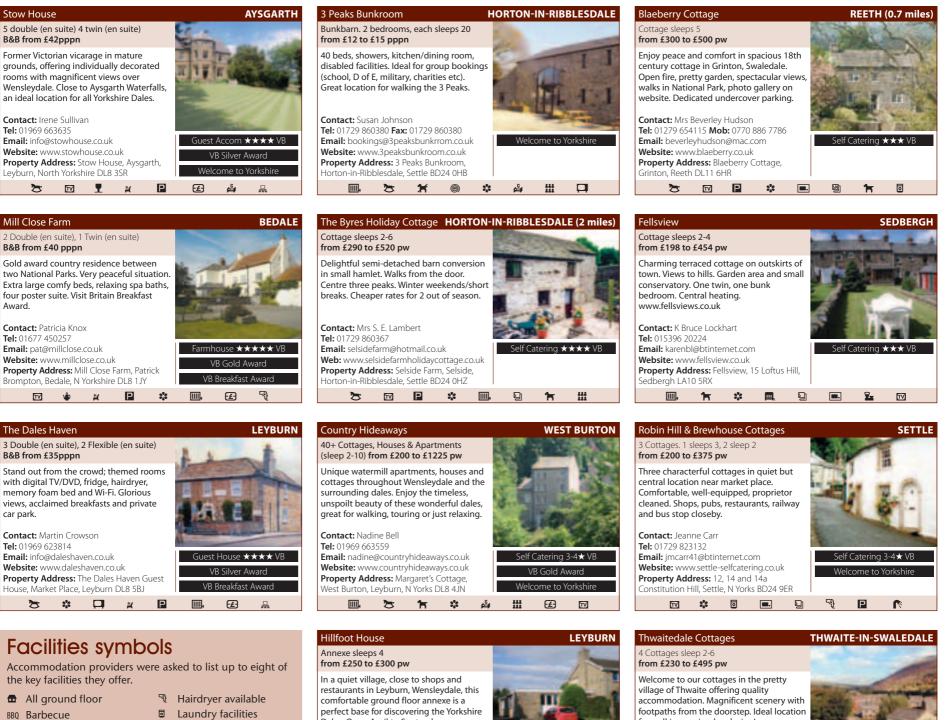
All accommodation in The Visitor 2012 has been quality inspected by Visit Britain or the AA, or is a member of Welcome to Yorkshire and has signed up to their 'Y' Quality Charter.

While every effort has been made to ensure details are up to date at time of going to press, we cannot be held responsible for any changes or discrepancies.

Welcome to Yorkshire's website www.yorkshire.com also lists accommodation in the area.

#### SERVICED ACCOMMODATION

#### SELF CATERING ACCOMMODATION



- ÷ Bath
- Ш, Central heating
- 3 Children welcome
- (minimum age)
- ۵ Dishwasher Dogs / pets by 17
- arrangement Ħ Dogs / pets not accepted
- Drying facilities
- Drinking water
- 0 Electric cooking
- $\odot$ Electric shaver point
- WC Flush toilets on site
- : Garden
- Gas/electric fires
- Ground floor ĥ
- bedroom(s) **III** Groups accepted

- Ψ. Licensed
- 团 Linen for hire
- Linen free Log fires 2
- Maior credit cards Ð accepted
- Μ Meter charge for fuel
- Microwave oven
- Р Parking available
- B **Residents** lounge
- Satellite TV S
- 2 Shop/supermarket
- 1 Shower only
- Showers available Tea/coffee making ŵ
- facilities
- **D** Television in bedrooms
- Television
- œ<sup>‡</sup> Washing up sinks
- A Wi-Fi or internet access



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Website: www.meadowcroftcottage.co.uk Property Address: HallgarthBarn Cottages, Thoralby, Levburn,North Yorkshire DL8 3SZ





**.** 

Contact: Freda & Graham Robertso Tel: 01505 615344 Fax: 01505 690396 Email: enquiries@flagcottage.com Website: www.flagcottage.com Property Address: Flag Cottage, West Burton, Levburn, North Yorkshire DL8 4JU Ш, **b** 🖉 17



Self Catering  $\star \star \star \star$  VB

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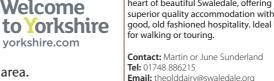
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Visit the Yorkshire Dales National Park online at www.yorkshiredales.org.uk

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The Old Dairy

from £30 pppn

2 Double (1 en suite, 1 pb), 1 Twin (pb)

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LOW ROW

perfect base for discovering the Yorkshire Dales. Open April to September.

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Meadowcroft

#### from £232 to £436 pw

Luxurious conversion of traditional Dales barn. Full facilities including satellite HD TV and Wi-Fi. Lovely unspoiled village with pub and shop. Superb views and walks direct from the door. Dogs by arrangement.

Contact: Chris Mason Tel: 01792 280068 Email: mcmason@globalnet.co.uk

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### **Dentdale & Sedbergh**

Discover Dentdale at the far west of the National Park, nestled between the rugged Pennines and Howgill Fells.

It's steep-sided valley contrasts meadows and lush riverside pastures with sparser grassy fells and the impressive viaducts at Denthead and Arten Gill carry the Settle-Carlisle railway along the dale to Dent, the highest mainline station in England.

Along Dent's cobbled streets are an art gallery, blacksmith's shop and memorial fountain to famous son, geologist Adam Sedgwick, as well as Dent Brewery.

The altar flagstones at St. Andrew's Church are made from the black Dent Marble, the area's most famous mining export, and the lives and customs of local people since the sixteenth century including the 'Terrible Knitters of Dent' - are revealed at the Dent Village Heritage Centre.

A wonderful short but stony walk south of the

village takes you up beautiful Flintergill for elevated views, passing a field barn which has been turned into a fascinating showcase of the area's farming past and the wishing tree on the way.

Find out more at www.discoverdentdale.co.uk.



Dent's cobbled streets

Set at the foot of the beautiful Howgill Fells, the

Cumbria Classic Coaches

stone-built market town of Sedbergh (pronounced

'Sed-ber') is overlooked by Castlehaw, the site of an ancient motte and bailey castle.

It became England's Book Town in 2003 and boasts several special interest booksellers as well as an annual Festival of Books and Drama.

Former woollen mill Farfield Mill built in 1837 lies to the east and now houses an Arts and Heritage Centre with craft studios, tearoom, shop and cloth weaving demonstrations.

Visit www.sedbergh.org.uk for more information.



WOOFS OF SEDBERGH Telephone: 015396 20414

16.24 and 33 seater vehicles

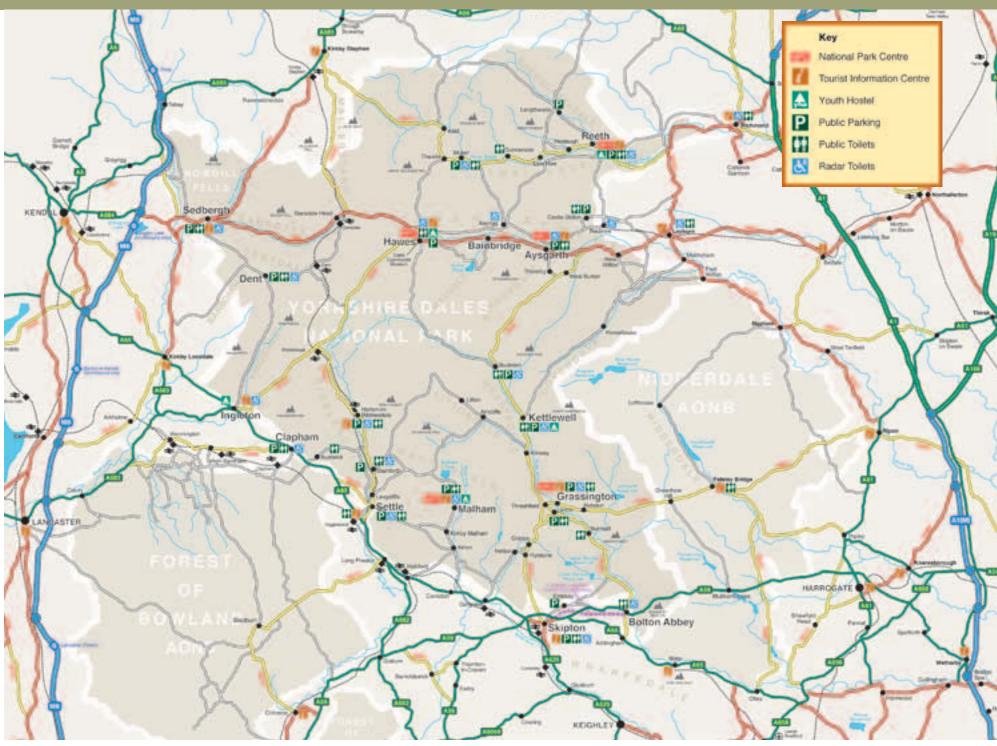


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### Map and useful information



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### Market days

**Monday:** Kendal (indoor), Kirkby Stephen, Skipton, Thirsk

**Tuesday:** Bedale, Hawes, Kendal (indoor), Settle, Wigton, Richmond (indoor)

Wednesday: Barnard Castle, Bentham, Brompton, Kendal (indoor and outdoor), Knaresborough, Masham, Northallerton, Sedbergh, Skipton

**Thursday:** Kendal (indoor), Kirkby Lonsdale, Richmond (indoor), Ripon

**Friday:** Appleby (indoor), Ingleton, Kendal (indoor), Leyburn, Reeth, Skipton, Richmond (indoor)

**Saturday:** Appleby, Kendal (indoor and outdoor), Masham, Northallerton, Richmond, Skipton, Thirsk

#### Cashpoints

Bentham, Grassington, Hawes, Kirkby Lonsdale, Leyburn, Richmond, Sedbergh, Settle, Skipton

#### Stride out

Walking is one of the best loved activities in the Yorkshire Dales. The 'Getting active' section of www.yorkshiredales.org.uk has lots of suggestions for short and long trails around the National Park with free maps and easy instructions to download, so just take your pick!

Or you could join one of our guided walks led by experts - from discovering red squirrel country or lead mining remains to wildflower identification - see pages 15-25.

Why not give your car a holiday, too, and use the bus or train for a day out. The Settle-Carlisle

### Shop online!

Plan your trip to the National Park or browse for that souvenir of a great holiday at www.yorkshiredales.org.uk/shop

You'll find books, maps, DVDs and toys - the same as in all our National Park Centres, but from the comfort of your own sofa! railway offers spectacular views you can't see from the road and the chance to explore feats of Victorian engineering along the way, such as Ribblehead viaduct. Our Blea Moor guided walk on 15 August includes a ride on the historic line.

Visit **www.yorkshiredales.org.uk/traveldales** for more information on getting to and around the National Park using public transport. There are also eight linear walks to choose from - just get the bus or train to the start and walk back.

Our National Park Centres (see page 5) have maps and books covering walks for all tastes and abilities. You could even try geocaching, a 'treasure trail' adventure using a GPS receiver. Our Information Advisers will be happy to help.

Good service is our priority, with purchases dispatched swiftly, most within 24 hours of the order being received.

And of course all profits go back into funding projects which will protect and enhance the National Park.

## Enhance your stay

Enjoy the Coniston Experience with friends and family

Located in the heart of the Yorkshire Dales but easily accessible from the north of Englan is the perfect venue for both corporate and leisure activity breaks and days.

ok what you could be doing...















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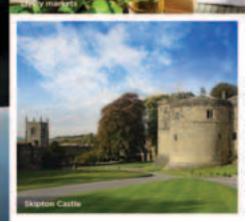
# Discove Skinton



A magnificent medieval castle, a canalway full of life, an award winning high street, lively markets and beautiful woodland walks. The gateway to the Dales has it all. You'll LOVE Skipton.

For great ideas of things to do and places to visit in Skipton go to www.yorkshire.com/skipton or call 01756 792809 for a free guide.





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