Your official guide to the Yorkshire Dales National Park

ACCOMMODATION see listing p44&45 and throughout

Le Visiteur

Our special 8-page supplement showcasing cycling in the Dales

A diamond in the landscape
Happy 60th birthday to the Yorkshire Dales
National Park

Don't leave here without...
60 ideas for things to do, one for each year



Yorkshire Dales events calendar 2014





Main image, Mat Robinson; cycling image, Rick Robson at Cyclesportphotos.com



YORKSHIRE DALES

National Park

1954–2014

NATIONAL PARKS
Britain's breathing spaces

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National Park ram goes large!

Look out for our five new eye-catching logos (one of which is shown here) when you are out and about - they show a product, event or business as being specially linked with the Yorkshire Dales National Park.











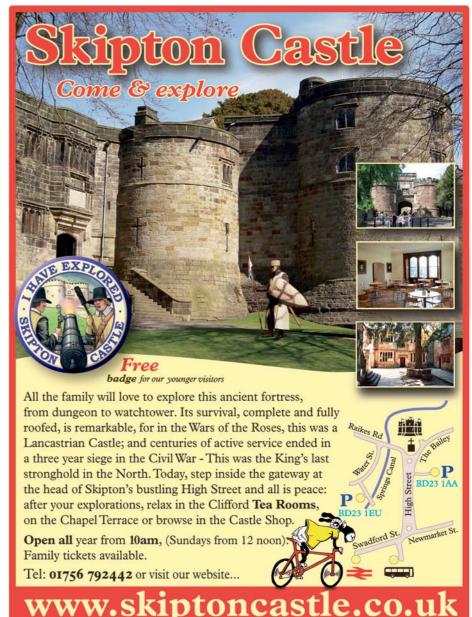




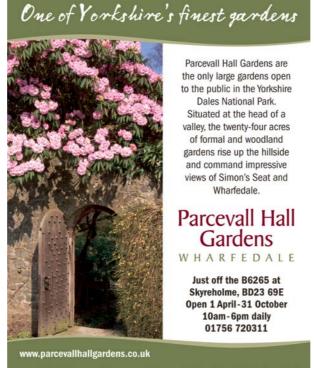














A special place



This year, the Yorkshire Dales National Park celebrates its 60th birthday.

It was designated in 1954 in recognition of its extraordinary natural beauty, the diversity of its wildlife habitats, its rich cultural heritage and its fantastic opportunities for outdoor recreation.

Protected for future generations to enjoy, it is one of a family of 15 National Parks in the UK truly Britain's breathing spaces.

Covering 1,762 square kilometres (680 square miles), the Yorkshire Dales National Park straddles the central Pennines in North Yorkshire and Cumbria and is a living, working

It is looked after by the Yorkshire Dales National Park Authority and it's our job to protect this very special place and its communities and to help people understand and share in it.

To find out more - including how to get here, what to do and where to stay - visit www.yorkshiredales.org.uk or call in at one of our National Park Centres (see page 5).

Read the story of the National Park on page 6.

The Yorkshire Dales landscape has many moods; it can be wild and windswept or quietly tranquil.

It includes some of the finest limestone scenery in the UK, from crags and pavements to an underground labyrinth of caves.

Each valley or 'dale' has its own distinct character, set against expansive heather moorland tops.

Stone-built villages sit amongst traditional farming landscapes of field barns, drystone walls and flower-rich hay meadows, and show how the area has been shaped over thousands of years by the people who have lived and worked here.

Spectacular waterfalls and ancient broadleaved woodland contrast with the scattered remains of former mine workings and other rural industries which remind us of the area's rich industrial heritage.

Together, nature and people have created a special landscape of immense beauty and character.

Help us keep the Dales special

- Stay on rights of way, especially through fields and meadows, to reduce your impact on the landscape
- Use your car less and think about other means of getting around
- Stay overnight or shop locally rather than bringing food with you - this helps boost the local economy and ensures a sustainable future for those who live and work here.
- Respect the life and work of people who live here - remember much of the land is

environment, home to 20,000 people.

A very warm welcome to the Yorkshire Dales National Park. Thank you for choosing to come to this beautiful area.

What a year 2014 promises to be. As well as the Tour de France Grand Départ, we are celebrating the diamond anniversary of the creation of the Yorkshire Dales as a National Park.

You join the millions of people who have visited over the past 60 years. Some choose to get out and about in the wonderful landscape, using some of our 1,300 miles of rights of way, while others simply relax and enjoy the peace and quiet.

If you are looking for tranquillity, then perhaps 5 and 6 July isn't the weekend to visit as that is when the world's largest annual sporting event charges through this stunning scenery!

If you are here for Le Tour, I hope our special cycling supplement Le Visiteur helps you make the most of your time. We are looking forward to a wonderful occasion and hope that many of you will choose to come back to enjoy the Dales again.

David Butterworth, Chief Executive, Yorkshire Dales National Park Authority





Malhamdale, Ribblesdale & Settle



Ribblesdale is home to Yorkshire's famous Three Peaks, Whernside, Ingleborough and Pen-y-ghent, a popular challenge to walkers and fell-runners starting at the café in Horton-in-Ribblesdale.

With the highs go the lows - in this case deep, into the ground. On the southern slopes of Ingleborough lies Gaping Gill, one of the largest underground chambers in the country. You can explore the numerous potholes and cave systems with Yorkshire Dales Guides, or, if you want to stay clean and dry, visit Ingleborough Cave - a show cave close to Clapham and one of several in the area.

3 Peaks Bunkroom Horton in Ribblesdale

40 bed bunkroom in the heart of the Yorkshire Dales, 2 Bedrooms, kitchen/dining room, bathrooms a disabled facilities. Ample parking & outside seating area.

Discounts for mid-week breaks (even in the school holidays)

Contact us now for availability 01729 860380 / 07870 849419

Settle-Carlisle Railway

From £280 to £340 per week

ntact: Chris Chandler

wi-fi, linen, heat and power

dramatic limestone countryside, the market town of Settle is the starting point of the famous Settle-Carlisle railway, which wends its way through the western dales crossing the magnificent Ribblehead Viaduct. With its museum, historical buildings, narrow back streets and eclectic mix of galleries, cafés, outdoor suppliers and shops selling local produce, Settle is a popular base for visitors see www.settle.org.uk.

Situated among

Malhamdale is famous for its limestone pavements and crags. The natural limestone amphitheatre of Malham Cove is home to rare peregrine falcons and the RSPB and National Park Authority set up a viewing point each year.

The towering gorge of Gordale Scar is another striking feature of Malhamdale, within walking distance of the pretty and much-visited village of Malham with its National Park Centre.

Janet's Foss is nearby, a lovely woodland waterfall and pool. Janet, the Queen of the Fairies, is said to live in the cave behind the falls.

Malham village is home to blacksmith Annabelle Bradley, who designs and makes beautiful wrought ironwork. Further down the valley you can learn about charcuterie with Chris Wildman at Paganum. And at Airton call into Town End Farm Shop with its café and selection of local produce for sale - visit www.malhamdale.com.



near Langcliffe



















House offers peaceful, comfortable and spacious 4* self-catering accommodation for up to 7 people with Wi-Fi. Four bedrooms, 2 bathrooms, large kitchen with dishwasher, washer and dryer, stone pantry with full size freezer, 2 sitting rooms and large conservatory with gardens to front and rear and private parking. Contact: Jacky Frankland, 01729 822865 or email

info@benthousefarm.co.uk or www.benthousefarm.co.uk

Crows Nest Road, Near Giggleswick (A65), Settle, North Yorkshire LA2 8AS Tel: 01729 822832 Fax: 01729 825160 Email: info@falconryandwildlife.co.uk

www.falconryandwildlife.co.uk

Your visit starts here

Our National Park Centres provide the perfect starting point to your trip.

Knowledgeable staff can help with all the information you need - what to do, where to stay and what's on in 2014. You can also shop for that perfect souvenir, from jams to woolly hats.

The Centres are all in fantastic settings and you'll find plenty to do close by when you call in, so why not make a day of it.

Aysgarth Falls

Aysgarth, Leyburn DL8 3TH (grid ref. SE012888) Tel: 01969 662910

Email: aysgarth@yorkshiredales.org.uk

Grassington

Hebden Road, Grassington, Skipton BD23 5LB (grid ref. SE003637)

Tel: 01756 751690

Email: grassington@yorkshiredales.org.uk

Hawes

Dales Countryside Museum, Station Yard, Burtersett Road, Hawes DL8 3NT (grid ref. SD875899)

Tel: 01969 666210

Email: hawes@yorkshiredales.org.uk

Malham

Malham BD23 4DA (grid ref. SD900627)

Tel: 01729 833200

Email: malham@yorkshiredales.org..uk

Reeth (Hudson House)

Hudson House, Reeth, Richmond DL11 6SZ

(grid ref. SE038992) Tel: 01748 884059

Email: reeth@yorkshiredales.org.uk



What to see and do

The National Park has nearly 1,500km of footpaths to explore - from strolls to real leg stretchers - and long-distance challenges such as the Pennine Way, as well as being home to Yorkshire's own Three Peaks -Ingleborough, Pen-y-ghent and Whernside.

There are miles of cycling trails for all abilities don't miss the newly opened Pennine Bridleway - and amazing limestone scenery in the form of crags to climb and caves to take you deep underground.

Discover the remains of the former leadmining industry in Swaledale and Arkengarthdale, or have your breath taken away by the massive, natural, limestone amphitheatre Malham Cove and enchanting Freeholders' Wood.

Take a picnic to one of our many beautiful waterfalls or admire the National Park's historic sites, such as the ruined priory at Bolton Abbey overlooking the River Wharfe.

Enjoy it all at your own pace.



Join the National Park buzz online!



Yorkshire Dales National Park



Yorkshire_dales



Getting around

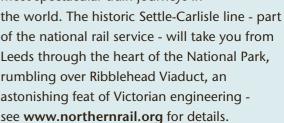
The Yorkshire Dales National Park is very accessible by road (see map, page 47), but car travel can have an impact on this special landscape. Remember that you can beat the using alternative means to get around.

Taking public transport means you can relax drystone walls too! Or why not walk or cycle to get out and about - your accommodation provider will have a wealth of local knowledge to help you really explore from your door.

By leaving your car behind on just a few days during your holiday, you will be making a valuable

Get on board

Whatever you do when you visit, don't miss a trip on one of the most spectacular train journeys in



For a relaxed ride and really local experience, jump on board one of the bus services providing links between the main towns and villages and the surrounding area. These are supplemented by extra services during the summer period, mainly Sundays and Bank Holidays - visit www.dalesbus.org for timetables.

We hope you enjoy your free copy of The Visitor. If you have any comments or suggestions, please contact the editor Sarah Nicholson on 01756 751618 or email sarah.nicholson@yorkshiredales.org.uk

While every care has been taken in the compilation of this publication, and all information is believed to be correct at the time of going to press, the Yorkshire Dales National Park Authority (the Authority) cannot guarantee its accuracy or suitability. All information is general and does not constitute advice or recommendation. The Authority cannot be held responsible for the consequences of any decision made on the basis of information provided.

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A diamond in the landscape:

In 2014 the Yorkshire Dales National Park celebrates its sixtieth anniversary.

Created in 1954 for its stunning natural beauty and outstanding opportunities for recreation and relaxation, it is a treasured old friend, seemingly having been around forever. But its story is one of vision, determination and - ultimately - triumph.

The concept of creating National Parks can be traced back to William Wordsworth. In the 1835 edition of his Guide to the Lakes, he suggested that the Lake District should be regarded as a "sort of national property in which every man has a right and interest who has an eye to perceive and a heart to enjoy."

Yellowstone in the United States was the first National Park, created in 1870 when the government saw the need to protect wilderness areas from exploitation and make them available for everyone to enjoy.

It took us a while to catch up. Although Britain at that time had no such wild areas - our moors and mountains were nearly all farmed or managed in some way - there were influential individuals who recognised that increased industrialisation was a threat to the beauty of our more remote countryside.

Social reformers also felt that it should be the right of all to enjoy the clean air and spiritual refreshment the countryside offered.

An outdoor movement, including the National Trust, Ramblers Association and Youth Hostels

Association, began to find its voice. These were some of the bodies that established the Standing Committee on National Parks in 1936 to press Westminster for more formal protection.



The committee's secretary was architect and planner John Dower (pictured right). From his cottage at Kirkby Malham he wrote the report in 1944 that set the scene for National Parks in England and Wales.

He spoke with local farmers and was well aware of the great contribution hill farming and local culture made to the special landscape qualities of the area. He also believed that supporting farming communities was essential to the National Park.

Dower was often joined by fellow Quaker and visionary, Arthur Raistrick, who would walk over from his home in Linton to discuss issues such as nature protection and public rights of way which

Malham Youth Hostel, opened in 1938, was designed by John Dower and was the first purpose-built Youth Hostel in Yorkshire. John believed passionately that the countryside should be there for all to enjoy, whatever their background, and the Youth Hostel movement was one of the ways that young working class people at that time could access these beautiful places.



they both hoped would be covered by legislation.

The third hero of the National Park movement was Tom Stephenson, a journalist from Burnley who campaigned for access to the countryside and long distance footpaths such as the Pennine Way.

Stephenson joined Sir Arthur Hobhouse's Committee on National Parks which reported in 1947, endorsing all of Dower's key recommendations. Most of these were included in the National Parks and Access to the Countryside Act of 1949 - leading to the creation of 15 National Parks over the following six decades.

The Bill that led to the creation of National Parks stated that their two core purposes were "to conserve and enhance the natural beauty, wildlife and cultural heritage" and "to promote opportunities for the understanding and enjoyment of their special qualities."

In 1952, a year after the creation of the first National Park, the National Parks Commission visited the Yorkshire Dales. The deputation included John Dower's widow, Pauline, a passionate conservationist, and Tom Stephenson. But it was not until May 1954 that a planning inspector held a public inquiry into its proposals for a Yorkshire Dales National Park.

There were plenty of serious objectors. One town clerk in the North Riding said: "National Parks are not greatly desired. It is a scheme of fantasies, idealists and those out of touch with life in the countryside." Others spoke of their fears of "hordes" of trespassing visitors from the cities disturbing livestock, damaging walls, leaving gates open and dropping heaps of litter.

The inspector, however, rejected all these



60 years of the Yorkshire Dales National Park

One of the most well-known events in the National Parks story is the mass trespass on Kinder Scout in the Peak District.

By the 1930s more and more people were seeking an escape from towns and cities and there was growing conflict with landowners. In April 1932 walkers exercised what they saw as their right to walk unhindered on open moorland. They faced opposition from gamekeepers employed by local landowners. Scuffles broke out and the police arrested several of the trespassers with some ending up in jail.

It was thanks to such pre-war campaigns that there became an emphasis on making countryside available for recreation, not just nature conservation.

arguments and urged the government to confirm a designation order. The Yorkshire Dales National Park duly came into being in November 1954.

"We welcome the Park", wrote campaigner Arthur Raistrick on hearing the news of its formal creation.

"It offers all that we want, country for the walkers, ranging from the wildest fell tops to the pleasant riverside walks of the lower dales. It is a paradise for the naturalist and geologist, and we who live in it and know it, believe that any right minded person, whatever his country taste, can find satisfaction within its bounds."

Today, National Parks are widely recognised as the most iconic areas of our countryside.

They continue to face many challenges, from the economy of upland farming, pressures from tourism and the need for affordable housing, to the impact of climate change.

National park authorities work alongside many others to make sure these special areas have the sustainable future intended by all those who fought for the conservation.

The first National Park to be designated was the Peak District in 1951 and the newest was the South Downs in 2011.



National Park Warden Wilf Proctor (left), 1960s

A beautiful new book by Colin Speakman - founder member of the Yorkshire Dales Society and creator of the Dales Way - explores the National Park's fascinating story.

It looks at how the National Park Authority and others have protected a unique environment over the last six decades from shaky beginnings to the many present-day achievements.

'The Yorkshire Dales National Park: A Celebration of 60 years' is available from National Park Centres at £16.99.

2014 also marks 50 years of formal volunteering in the National Park.

The National Park Authority could not do half the work it does without its fantastic Dales
Volunteers, who get involved in everything from path repairs and archaeological surveys to leading guided walks and drystone walling.

Originally known as Voluntary Wardens back in 1964, their name was changed in 2001 to emphasise that they didn't just work for the National Park's warden - later, ranger - service,



but carried out duties across the board, bringing their expertise, enthusiasm and dedication to a huge range of tasks to support the work of paid staff.

In this special year, we would like to say thank you for the efforts of all those amazing people who've helped care for and cherish the National Park over the decades.



Dales Volunteers and a team from the John Muir Trust clear overgrowing turf from flagstones on a Muker footpath

Dentdale & Sedbergh



Church Bridge, Dentdale

Discover Dentdale, a magical place and friendly people, at the west of the National Park sitting between the rugged Pennines and Howgill Fells.

The impressive viaducts at Denthead and Arten Gill carry the spectacular Settle-Carlisle railway - first used for passenger steam trains in 1876 - to delightful Dent station, the highest mainline station in England at 1,100 ft.

Along the cobbled streets of Dent you'll find the town's centrepiece, a memorial fountain to its famous son, geologist Adam Sedgwick. His name is given to the trail for visitors wanting to explore the

unique geology of this stunning area.

The altar flagstones at the wonderful Norman church of St. Andrew's are made from black Dent Marble, the area's most famous mining export, and the lives and customs of local people since the sixteenth century - including the 'Terrible Knitters of Dent (meaning 'very fast'!) - are revealed at the Dent Village Heritage Centre.

Today's Dent is a more peaceful place, with hidden surprises tucked away such as John Cooke's art gallery, blacksmith Lucy Sandys-Clarke, the Meditation Centre, and Sophie's Wild Woollens. Soak up the hospitable atmosphere by sampling local brews and good food at The Sun Inn or by visiting the village store.

Families and ramblers will enjoy tramping the low walks on the Dales Way by the River Dee - the countryside sounds will be music to your ears. Or heading up beautiful Flintergill Outrake Nature Trail for magnificent views, passing the wishing tree and a field barn which has been turned into a fascinating showcase of the area's farming past on the way.

Find out more at www.discoverdentdale.co.uk.

Five miles north of Dent is the market town of Sedbergh (forget the 'gh' when pronouncing it) nestled in the Howgills, a mecca for walkers and ramblers.

Sedbergh became England's Book Town in 2003 and has a selection of second-hand bookshops, as well as unique shops and cafés. The Quaker meeting house at Brigflatts, Sedbergh School and the Wednesday market are all worth a visit.

Just down the Garsdale Road out of Sedbergh lies Farfield Mill Arts and Heritage Centre. This Victorian wool mill was restored and opened in 2000 and is certainly worth a visit with its galleries, artists' workshops, working looms, café and regular craft demonstrations.

Visit www.sedbergh.org.uk for more information.





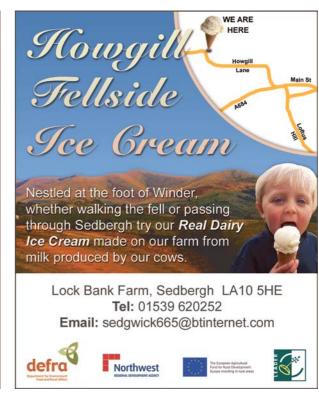












Dales Countryside Museum

Sharing the stories of the people and landscape of the Yorkshire Dales

Start your visit to the Yorkshire Dales National Park at the Dales Countryside Museum in Hawes - you'll be amazed at what there is to discover!

There are fun and interesting things for visitors of all ages to see and do.

Find out what is so unique about the area and experience the wonder of being close to amazing objects.



Explore our 'Hidden Secrets' trail - follow the QR codes in the galleries and on our outdoor trail and then take a woodland wander. Discover sculptures, pixie rings and a storytelling chair created by Yorkshire artists and enjoy learning their secrets. We also sell the

artists' work in our shop if you'd like a special reminder of your trip.





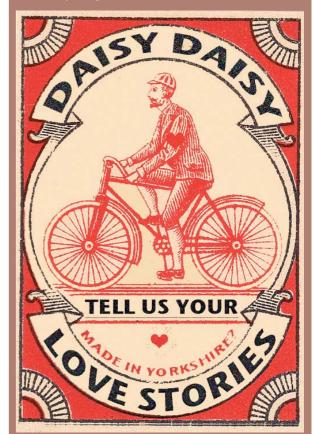
Children can get stuck into all sorts of fun on our 'Discover and Do' holiday sessions and 'Family Fridays', and be crafty year round at our 'Creation Station' in the railway carriages.

And grownups can get involved, too. Come along and watch traditional skills like drystone walling and rag rug making on our 'Demo days'. Roll-up your sleeves and try something new yourself!

We're thrilled that the Tour de France will be passing through Hawes this year and, to celebrate, we're working with artist Jan Bee Brown on our 'Daisy Daisy' project, looking at how the bicycle changed life in the Dales.

We're gathering cycling memories, finding out what people love about their bikes and being out on two-wheels in this glorious landscape. If you've a memory you'd like to share, please email us - and if you've a picture of you and your beloved bike, even better!

Jan will produce a short film and temporary museum exhibit using photos, love tokens and a new collection of stories of courting and a love of cycling.



Exhibitions 2014

4 April to 2 June Traditions with a twist

Textile artist Elizabeth Smith creates unique knitted pieces inspired by traditional Dales knitting but revealing a contemporary twist. Featuring special 'meet the artist' events where you can learn a new technique.



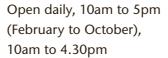
13 June to 30 September Yorkshire Dales Journeys

An exhibition celebrating the 60th Anniversary of the Yorkshire Dales National Park and the journey of the Tour de France through the Dales, featuring our Daisy Daisy project (see opposite).

9 Oct to 20 November Dales Inspired

Evocative artistic responses to the special qualities of the Yorkshire Dales.

Adults £4, concessions £3.50, under 16s and full-time students FREE



(November and December). Closed Christmas Eve to Boxing Day and January.

Dales Countryside Museum, Station Yard, Hawes, North Yorkshire, DL8 3NT

01969 666210

hawes@yorkshiredales.org.uk

www.dalescountrysidemuseum.org.uk

Dales Countryside Museum is accessible by public transport and heritage buses drop off and pick up here.

- Pushchair and wheelchair friendly
- Shop featuring 'Distinctly Dales' & collection-inspired items
- Toilets with baby change facilities
- Annual Pass visit whenever you like for just £8 a year.
- Follow us on Twitter (@dalesmuseum) and Facebook (dalesmuseum)





• Support the Dales Countryside Museum - become a Friend, donate, volunteer, make a bequest or become a corporate partner.

Skipton & Bolton Abbey

The perfect gateway to the Yorkshire Dales, Skipton is at its southernmost base.

Originally a trading centre for sheep and wool, this small and friendly town with its nostalgic cobbled streets grew up around the castle, nearby church and market place. It now boasts pubs, cafés and shops along with a still thriving regular market and a vibrant night life.

The 130-mile long Leeds-Liverpool Canal, one of the early achievements of the Industrial Revolution, runs through it and you can go on a trip along the canal in a narrowboat.

Skipton Castle was established here in the late eleventh century. This 900-year-old castle is one of the most complete and best preserved in the country, giving excellent views over the town and Skipton woods. It is an exciting opportunity to take a step back in time.

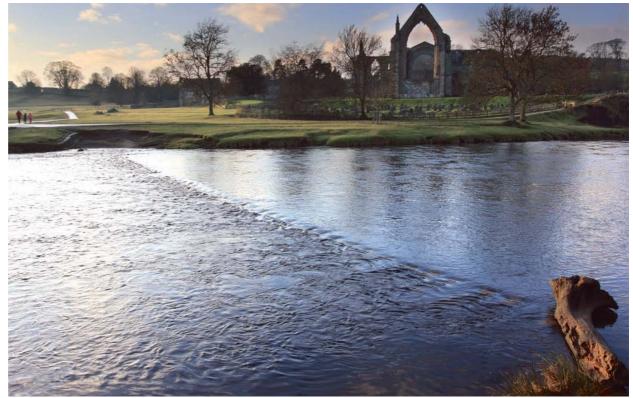
Craven Museum and Gallery is the home of the Skipton Shakespeare First Folio, one of only four First Folios on permanent display in the world. It also tells the story of many other aspects of life in the Dales.

Skipton is home to an unusual art venue, seeing its Auction Mart transformed for the annual Art in the Pen and, more regularly, to host plays, comedians and film shows.

Not far from Skipton, the Bolton Abbey estate, owned for centuries by the Duke of Devonshire, lies on the banks of the River Wharfe.

Explore the romantic ruins of the twelfth century priory. Woodland nature trails and riverside walks are suitable for those less mobile or using wheelchairs. You can discover the Bodger's Camp and learn to make or buy a bird table, stool or dibber. For the avid angler, the Wharfe offers some great fishing experiences.

Hesketh Farm Park at Bolton Abbey has sheep, cattle, pigs and donkeys, an outdoor climbing



Bolton Abbey (Mark Butler)

frame and fun tractor rides - a great day out for all the family wanting a unique hands-on experience of farm life.

A new family-run shop open weekends only - A Good Idea - specialises in art deco style furniture and reclamation items.

For steam buffs there is the nearby Embsay and Bolton Abbey Steam Railway. Now restored and run by enthusiasts, a trip on the steam train is a superb way to enjoy the area as the track journeys between the village of Embsay and the abbey.



Draughton Riding Centre

Height Lane, Draughton, Skipton BD23 6DU

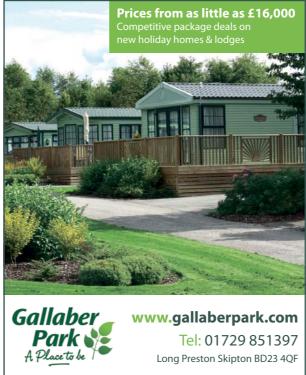
- Lessons for all ages and abilities
- Indoor Arena
- Accompanied Hacking through beautiful countryside
- Full Livery sometimes available

B.H.S./Pony Club/R.D.A. Approved Centre

Tel: 01756 710242

www.draughtonridingcentre.com







Be a pal of our peaks

Yorkshire's famous Three Peaks of Ingleborough, Whernside and Pen-y-ghent



Unleash Your Creativity!

Embsay Mills, Embsay, near Skipton BD23 6QF



Enjoy the Coniston experience with family and friends!

Beautiful Luxury, Superior and Classic rooms available Call into Huntsman's Lodge - food served all day including Afternoon Tea Short breaks including special 2014 cycling packages





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01756 792 911

info@skiptonselfdrive.co.uk - www.skiptonselfdrive.co.uk

instil awe - and a challenge.

With over a quarter of a million people visiting each year our rangers face a constant struggle to hold back footpath erosion.

But those who use and love the area have the chance to give something back by joining the Friends of the Three Peaks.

For an annual fee of £10, you will receive regular newsletters, invitations to special events and unique volunteering opportunities as part of Ranger-led groups.

Ask about joining at **National Park Centres** or visit www. yorkshiredales.org.uk/ threepeaks

Our official Three Peaks Yorkshire app will help you plan your trip to this iconic area.



It contains 1:50,000 OS maps of the Three Peaks Challenge summiting all three in 12 hours - plus an augmented reality 'toposcope' showing the names of surrounding hills.

Download it through www.yorkshiredales. org.uk/y3peaksapp and from iTunes and Google Play.



What's On at **BOLTON ABBEY**

The Easter Egg Hunt

Come along and search for all the hidden eggs, meet the Easter Bunny and receive your free chocolate eggs.

The Welly Walk

Free event. Summer holidays

Tunnels, slides, bridges and beams. Plus tree climbing for the brave (extra charge). Good old fashioned fun for all the family.

Pumpkin Trail

Free event. Sat 25 Oct - Sun 2 Nov
A spooktacular week of fun, seek out the pumpkins and witches in Strid Wood.

Father Christmas in Strid Wood

Telephone 01767 718009 to book your visit from 1st Sept.

The 12 Days of Christmas Trail Free event, Fri 26 Dec - Mon 5 Jan

Experience the 12 scenes from the celebrated carol come to life as you and your family wander through Strid Wood.

The Estate's usual admission fee applies to all events. For further information contact:

01756 718 009 www.boltonabbey.com











60 things

To celebrate the National Park's birthday we have put together a list of 60 things - one for each year - which we think you shouldn't leave here without doing. Enjoy!

1.	Take a trip down Gaping Gill, a huge
	cavern at the foot of Ingleborough
	large enough to hold St Paul's Cathedral -
	Bradford and Craven pothole clubs provide
	public access twice a year.

- 2. Discover the Edwardian Rock Garden at Aysgarth.
- 3. Climb a fell and enjoy hearing nothing but the wind.
- 4. Go on a hi-tech treasure hunt by following a geocache trail from one of our National Park Centres.
- 5. Take in beautiful Cautley Spout waterfalls east of Sedbergh and keep an eye out for red squirrels and wild ponies.

- 6. Discover more about this special landscape on a National Park Authority guided walk.
- 7. Visit the World War II memorial at the top of Buckden Pike and learn the story of the fox tracks that lead the airman to safety.
- 8. Go for a bicycle ride on our quieter lanes or, if you are feeling more energetic, try cycling all or part of the Pennine Bridleway.
- 9. Get hold of an old map (there are plenty on the internet) and compare it with the present day version. Look for continuity and change in the landscape, the generations that have left their mark.
- 10. Follow the loop from Muker to Keld through meadows and along the ancient Corpse Way.



11. Learn to navigate and map read on

12. Go wild swimming beneath a Dales

page 32).

waterfall.

one of our Pathfinder courses (see

- 13. Visit Killington New Bridge Local
 Nature Reserve west of Sedbergh and
 take a walk along the side of the River Lune
 on a public footpath upgraded for
 accessibility.
- 14. Hire a caving guide for an underground adventure.
- 15. Walk Yorkshire's famous Three Peaks and become a Friend for just £10 to help us maintain the foothpaths.



- 16. Take a walk on the wild side on our Snaizeholme Red Squirrel Trail. It starts and finishes at the Dales Countryside Museum in Hawes, where maps and MP3 downloads are available.
- 17. Sit beside Stainforth Foss in October or November and watch the salmon leaping find out more at www.ribbletrust.org.uk.
- 18. Play in the snow and enjoy the Dales when it becomes a winter wonderland.
- 19. Stand on the edge of Semerwater, imagine what it must have been like thousands of years ago and then jump in for a bracing swim.
- 20. In a cosy village pub, sup some of the finest real ale in the country that has been brewed locally.



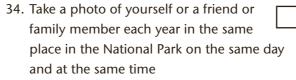
- 21. See Skipton Brass Band play Christmas carols below the imposing face of Malham Cove.
- 22. Visit a bluebell wood.
- 23. Create your own calendar using photos you've taken in the National Park
- 24. Visit Middle Falls at Aysgarth Falls when the river is in full spate or take a walk in nearby Freeholders' Wood in springtime the wood anemones, low-lying mists and deer are magical.
- 25. Learn to play poohsticks from one of our many bridges, like the fourteenth century Little Emily's Bridge at Linton Falls.



- 26. Take the Settle-Carlisle railway over
 Ribblehead viaduct and through Blea
 Moor tunnel and get to know the history of
 this Victorian engineering marvel.
- 27. Walk beside Mill Gill above Askrigg when the primroses and wild garlic are in flower.
- 28. Visit Keld Heritage and Countryside Centre to discover life in Swaledale.
- 29. Complete 60 walks in the National Park in 60 days
- 30. Cheese, Gromit! Visit the Wensleydale Creamery in Hawes, which produces the tasty nibble beloved by the cartoon pair in the *Wallace and Gromit* films.



- 31. Watch the fastest creature on earth get close to the peregrine falcons at Malham Cove using special telescopes at the viewpoint run annually by the RSPB and the National Park Authority.
- 32. ... and while you're there, climb up to the top of the Cove and sit where Harry Potter and Hermione Granger sat in The Deathly Hallows Part 1. Bonus points for doing it in wizard robes!
- 33. Walk through Muker hay meadows in summer when they are in full flower.



35. Stop in Clapham to visit Ingleborough Cave, picking up a leaflet on the Clapham Nature Trail on the way.



- 46. Drive or cycle over Fleet Moss from Buckden and enjoy the dramatic views of Wensleydale on the steep descent to 47. Visit Askrigg - famous for the James Herriot TV series 'All Creatures Great
 - 48. Look round St Andrews Church in Grinton, known as the Cathedral of the Dales. Two miles away is Grinton Smeltmill - the best preserved in the National Park.

House, which was the vets' surgery.

and Small' - and see the famous Skeldale

- 49. Visit the working blacksmiths at Malham.
- 50. Enjoy the beautifully-restored Reeth Community Orchard Garden and





- 57. Visit Gordale Scar, which some believe was the inspiration for Helm's Deep in Tolkien's Lord of the Rings.
- 58. Pinch your way through a squeeze stile and snuggle up close as you pass through a kissing gate.
- 59. Have a proper picnic! Grab your hamper, buy some lovely local fare and find your perfect spot.
- 60. Enjoy the experience of just being here - the peace and tranquillity, the dark night skies and the weather - sun or shine!



- 41. Walk through Bolton Abbey woods and see the exotic, colourful Mandarin Ducks.
- 42. Visit The Forbidden Corner at Coverham.
- 43. Skim stones on the River Cover at St Simon's Chapel.
- 44. Spend time at the Dales Countryside Museum in Hawes - see the beautiful carved knitting sticks once given as love tokens.
- 45. Visit one of the National Park's famous agricultural shows to soak up the atmosphere, try local produce and see Swaledale sheep at their best - read more on page 17.