

FREE

Your official guide to the
Yorkshire Dales National Park

The VISITOR 2015

A Long Green Trail

Celebrating 50 years of the Pennine Way

Let's go wild!

Three pages of fun and activities for kids

Go outdoors

Lots of ideas to help you enjoy the
beautiful Yorkshire Dales

PLUS
Yorkshire Dales
events calendar
2015

ACCOMMODATION

see page 36 and throughout



Main image: Last light at Ribbleshead (Mat Robinson); from top, boy with tadpole (YDNPA), Dales barn near Askrigg (Andrew Watkinson), walkers at Appletreewick (Paul Harris)



YORKSHIRE DALES
National Park

NATIONAL PARKS
Britain's breathing spaces

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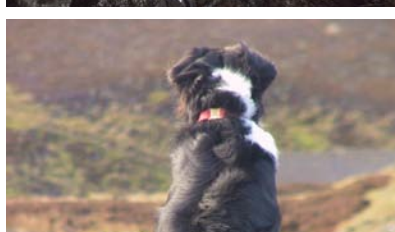
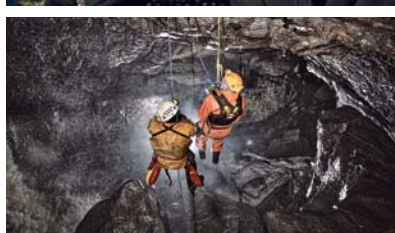
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We hope you enjoy your free copy of *The Visitor*. If you have any comments or suggestions, please contact the editor Sarah Nicholson on 01756 751618 or email sarah.nicholson@yorkshiredales.org.uk

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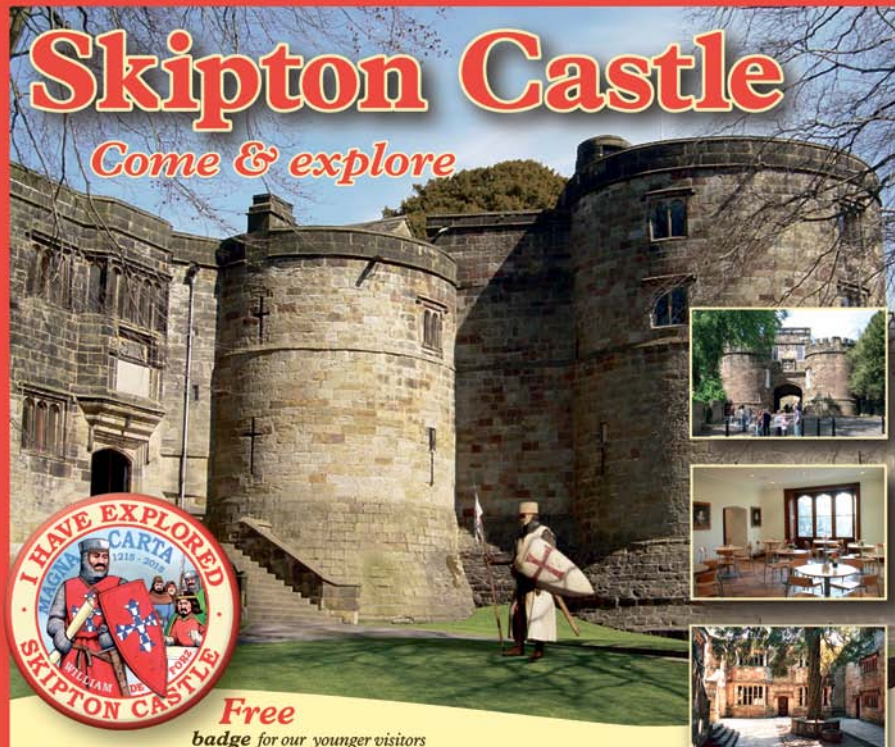

Day boats for up to 10 people.
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Please ring or visit the website to book.
01756 795478 www.penninecruisers.com
19 Coach Street, Skipton, BD23 1LH - Trip Advisor @ Pennine Cruisers Boat Trips.



Skipton Castle

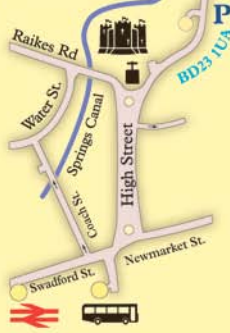
Come & explore

Free badge for our younger visitors

All the family will love to explore this ancient fortress, from dungeon to watchtower. Its survival, complete and fully roofed, is remarkable, for in the Wars of the Roses, this was a Lancastrian Castle; and centuries of active service ended in a three year siege in the Civil War - This was the King's last stronghold in the North. Today, step inside the gateway at the head of Skipton's bustling High Street and all is peace: after your explorations, relax in the **Clifford Tea Rooms**, on the Chapel Terrace or browse in the **Castle Shop**.

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See back page for more details

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Contact Jennie & Neil on 07960 351421
Ravenstonedale, Kirkby Stephen CA17 4NW
www.lodgebreaks.co.uk

A special place

The Yorkshire Dales landscape has many moods; it can be wild and windswept or quietly tranquil.

It includes some of the finest limestone scenery in the UK, from crags and pavements to an underground labyrinth of caves.

Each valley or 'dale' has its own distinct character, set against expansive heather moorland tops.

Stone-built villages sit amongst traditional farming landscapes of field barns, drystone walls and flower-rich hay meadows, and show how the area has been shaped over thousands of years by the people who have lived and worked here.

Spectacular waterfalls and ancient broadleaved woodland contrast with the scattered remains of former mine workings and other rural industries which remind us of the area's rich industrial heritage.

Together, nature and people have created a special landscape of immense beauty and character.

Help us keep the Dales special

- Stay on rights of way, especially through fields and meadows, to reduce your impact on the landscape
- Use your car less and think about other means of getting around
- Stay overnight or shop locally rather than bringing food with you - this helps boost the local economy and ensures a sustainable future for those who live and work here.
- Respect the life and work of people who live here - remember much of the land is privately owned.



Gearstones Sheep (Paula Solloway)

The Yorkshire Dales National Park was designated in 1954 in recognition of its extraordinary natural beauty, the diversity of its wildlife habitats, its rich cultural heritage and its fantastic opportunities for outdoor recreation.

Protected for future generations to enjoy, it is one of a family of 15 National Parks in the UK - truly Britain's breathing spaces.

Covering 1,762 square kilometres (680 square miles), the Yorkshire Dales National Park straddles the central Pennines in North Yorkshire and Cumbria and is a living, working environment, home to 20,000 people.

It is looked after by the Yorkshire Dales National Park Authority and it's our job to protect this very special place and its communities and to help people understand and share in it.

To find out more - including how to get here, where to stay, and what to see and do - go to www.yorkshiredales.org.uk or call in at one of our National Park Centres where our friendly and knowledgeable information advisors will be pleased to help you make the most of your visit (see page 5).



Learning about wildflowers at Malham (Paul Harris)

Welcome to the Yorkshire Dales National Park

This edition of The Visitor has everything to help you make the most of your time here. There are features on the 50th anniversary of much-loved national trail the Pennine Way, a fabulous kids' section to keep your busy bees occupied, and 12 pages of brilliant events taking place in the Yorkshire Dales in 2015.

The map on the centre pages will help you find your way around and we've highlighted some of the National Park's many attractions to get you started.

We hope The Visitor will also help you get to know a bit more about why this place is so very special.

You can be assured of a very warm welcome from the many fantastic local businesses and tourism operators who make this area such a great place to stay and enjoy. Please do your bit to help maintain and enhance this wonderful landscape by spending some money in local shops and on local food and drink to ensure the future well-being of its communities.

Above all enjoy your visit - and come back again soon!

Swaledale & Arkengarthdale

The two far northern dales, with their typical barns and walls farming landscape, are the perfect place to retreat from a busy world and relax.

On the moors you're likely to see the hardy Swaledale sheep - key to the livelihood of many Dales farmers and the logo for the Yorkshire Dales National Park.

In the lower areas, you'll see tranquil hay

meadows (at their best in the early summer months) bordered by a myriad of drystone walls and punctuated by field barns.

It is hard to believe these calm pastures and wild moors were ever a site for industry but in many places you can still see the former leadmining remains.

At the head of Swaledale is the tiny village of Keld, the crossing point of the Coast to Coast Walk and the Pennine Way long distance footpaths.

To get active why not learn some navigation with Mark Reid and colleagues at Team Walking or take to the hills on two wheels with the Dales Bike Centre.



Through Muker meadows (Mat Robinson)

MUKER SHOW STARTS 10.00
Traditional Yorkshire Show

Wednesday
2nd September
Muker Village - Swaledale

Sheep, Muker Silver Band, children's games, fell race, and more.

Secretary: Kathy Scott - **01748 886564**

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And after the exercise there are plenty of places to eat and drink - including Tan Hill, the highest pub in Great Britain.

Find out more at www.swaledale.net

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Ralph's mobile: 00 44 (0) 7889 768696
Email: frenchgate66@icloud.com
www.66frenchgate.co.uk

Keld Resource Centre

Keld Countryside & Heritage Centre

Events & Activities throughout 2015
www.tkrc.org.uk

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www.reethcottages.com

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w: thestation.co.uk
t: 01748 850123



Richmondshire Museum

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w: richmondshiremuseum.org.uk
t: 01748 825611

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w: richmond.org

REETH SHOW
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www.reethshow.co.uk

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Your visit starts here

Make our **National Park Centres** your first port of call.

Our knowledgeable staff offer a one-stop shop of essential information and great ideas to start your visit just right.



Get the inside track on everything from where to find a grand cup of tea to where to go for a great afternoon walk.

Hire a GPS receiver and quiz sheet to go geocaching, or download our Bluetooth trails to your phone for fun and easy local walks.

Browse our leaflets and shop for that perfect souvenir from our range of official and exclusive National Park merchandise, locally-sourced products, books, maps and clothing.

Our Centres are in fantastic settings so you'll find plenty to do close by when you call in - so why not make a day of it.

5% off in our National Park Centre shops on production of this ad

You can also enter this code **2015vis** at checkout for a 5% discount in our e-shop at www.nationalparks.gov.uk/ys_shop



Opening times

1 April to 31 October, open daily from 10am

1 November to 31 March, Saturday and Sunday only (closed January)

Additional opening during school holidays - check website or ring ahead for details.

Aysgarth Falls

Aysgarth, Leyburn DL8 3TH

(grid ref. SE012888)

01969 662910

aysgarth@yorkshiredales.org.uk

Learn the story of the woodland as a natural larder, the rocks beneath our feet and how the waterfalls were created, before treating yourself to lunch in the cafe garden.

Don't leave here without...

- Witnessing the three thunderous cascades of Aysgarth Falls - especially after heavy rain.
- Treading carefully through magical Freeholders' Wood with its coppiced woodland and sleeping dormice.
- Visiting one of the most unusual listed buildings in the National Park - an Edwardian rock garden built in 1906 in Aysgarth by a landowner with a colourful background.

Malham

Malham, BD23 4DA (grid ref. SD900627)

01729 833200

malham@yorkshiredales.org.uk

Read about the area's amazing limestone geology, then picnic in the Centre's sensory garden, creating a tune on our handmade wooden 'xylophone' and lithophone.

Don't leave here without...

- Climbing the 400 steps to see the lunar landscape of limestone pavement at the top of awe-inspiring Malham Cove.
- Getting up close to the world's fastest bird, the peregrine falcon, using high-powered telescopes at the RSPB's viewing point at the Cove between May and July.
- Treading the boardwalk at Malham Tarn, the highest lake in England and inspiration for Charles Kingsley's *The Water Babies*.

Hawes

Dales Countryside Museum, Station Yard,

Burtersett Road, Hawes DL8 3NT

(grid ref. SD875899)

01969 666210

hawes@yorkshiredales.org.uk

The nineteenth century former railway buildings house both a National Park Centre and the fantastic Dales Countryside Museum so there is plenty to pack a day with when you call in.

Don't leave here without...

- Getting on board the bus to the Snaizholme red squirrel trail to see these native creatures in their favourite habitat.
- Tasting Wallace and Gromit's beloved cheese at the Wensleydale Creamery.
- Calling in at the 100-year-old Hawes auction mart for a real slice of farming life.

Grassington

Hebden Road, Grassington, Skipton BD23 5LB

(grid ref. SE003637)

01756 751690

grassington@yorkshiredales.org.uk

The National Park Centre has colourful displays on haytime in the Dales, lockable bike stores and racks, a tap for washing muddy boots and a nearby meadow to picnic in.

Don't leave here without...

- Strolling down Sedber Lane, looking at the lynchets (ancient field systems) and seventeenth century laithe (barn).
- Marvelling at the waters tumbling over Linton Falls and the restored hundred-year-old hydroelectric plant.
- Exploring the stone-built village's cobbled square and ginnels, before relaxing with tea and cake.

Reeth (Hudson House)

Hudson House, Reeth, Richmond, North

Yorkshire DL11 6SZ (grid ref: SE038992)

01748 884059

reeth@yorkshiredales.org.uk

This former bank - with vault still intact - houses community services for visitors and locals alike. Have a coffee while enjoying internet access or visit the lovely walled orchard next door.

Don't leave here without...

- Visiting the Swaledale Museum to learn about the hard life former leadminers endured.
- Driving through the famous water splash in Arkengarthdale from the opening credits of BBC TV series *All Creatures Great and Small*.
- Meandering through wildflower meadows in full bloom and taking in the classic Swaledale barns and walls landscape.



A Long Green Trail:

This year sees the 50th anniversary of an historic national trail that takes you on a 268-mile journey through some of the most heart-soaringly beautiful upland walking in England.

The Pennine Way was originally the inspiration of walker and writer Tom Stephenson. Fascinated by tales of the Appalachian Way in America, he published an article in 1935 entitled 'Wanted: A Long Green Trail' in which he suggested a route running along the Pennines that would cross hills from south to north, taking in dramatic scenery, changing landscapes and the challenges presented by each.

At that time, more and more people were seeking an escape from towns and cities into the countryside and there was growing conflict between hikers and landowners. In April 1932 around 400 frustrated walkers exercised what they saw as their right to walk unhindered on open

moorland and staged a mass trespass on Kinder Scout in the Peak District.

This incident is often seen as a turning point on the path to 'right to roam' legislation. Stephenson hoped to see more moorland opened up through his national trail idea.

It took another 30 years - by which time Stephenson had become secretary of the Ramblers' Association - but England's first national trail was officially opened here in the Yorkshire Dales National Park on 24 April 1965.



On average the trail takes around 16-19 days to complete.

The Pennine Way as it climbs up Pen-y-ghent

The Pennine Way runs 268 miles (429km) from Edale in Derbyshire to Kirk Yetholm in the Scottish Borders. It crosses some of the finest upland landscapes in England, from the Peak District, through the Yorkshire Dales National Park, across the North Pennines and over Hadrian's Wall in Northumberland to the Cheviots.

Highlights in the Yorkshire Dales National Park begin with the awe-inspiring, 80 metre high limestone amphitheatre of Malham Cove - the "greatest natural feature seen on the whole Pennine Way" according to the well-known writer and walker Alfred Wainwright. From remote Fountains Fell and the iconic peak of Pen-y-ghent, it then follows in Roman footsteps along Cam High Road.

Dropping down into Hawes (perhaps for a bite of Wensleydale cheese) and charming Hardraw - location of the longest single drop waterfall in England - the trail climbs over the wilds of Great Shunner Fell, the highest point

of the Yorkshire Dales section.

The lush pastures of Swaledale lead to the waterfalls of Keld before the Pennine Way leaves the National Park at Lonely Tan Hill, the highest pub in Great Britain.

See the map on page 21 for the Pennine Way's full route through the Yorkshire Dales National Park.

The trail passes through three National Parks, the North Pennines Area of Outstanding Natural Beauty, two National Nature Reserves and 20 Sites of Special Scientific Interest.

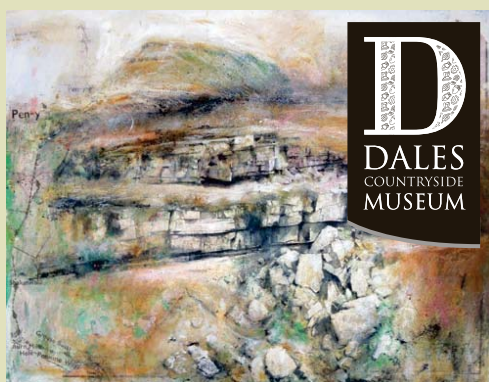


Planning the Pennine Way, 1948: Tom Stephenson (standing centre, browsing map) and other senior members of Clement Attlee's government. All were walkers and many held positions in the Ramblers Association as well as senior positions in wildlife and conservation bodies. (Photograph courtesy of Dalesman).

Harvey's Pennine Way North, South and Central maps and the Pennine Way North and South Adventure Atlas maps will guide your journey through the 51 miles in the Yorkshire Dales National Park.

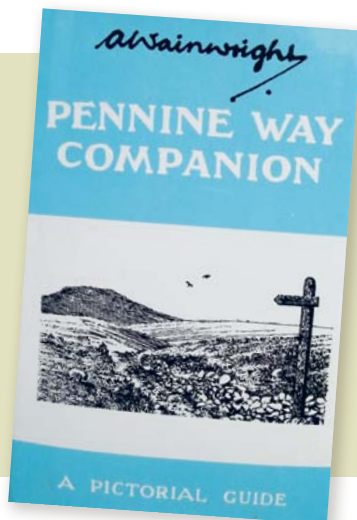
To celebrate the famous trail's 50th birthday, the Dales Countryside Museum in Hawes has teamed up with a group of Dales artists to produce a major exhibition called 'Pennine Ways'. Running until 26 April, it highlights the route using art, photography and sculpture.

The exhibition was officially opened by our Area Ranger for Upper Wensleydale, Matt Neale, who had the incredible achievement of coming seventh in the gruelling Montane Spine Race along the entire 268-mile length of the Pennine Way this year.



50 years of the Pennine Way

Walked this Way?
Planning to...? Pop
into our National
Park Centres to
pick up a Pennine
Way guide book,
map or souvenir -
including Alfred
Wainwright's
pictorial guide.



A four-part documentary 'The Pennine Way' will air on BBC One Yorkshire in early April to coincide with the trail's 50th birthday, followed by a nationwide broadcast on BBC Two soon after.

Once having a reputation for being one long peat bog - when Alfred Wainwright walked it for his 1968 pictorial guide the fact that it rained incessantly was much ruminated upon by the great writer - careful footpath improvement has been carried out since to maintain the much-loved route with waymarking, habitat regeneration and flagstones over the boggiest bits.

Today the Pennine Way is one of the most famous and popular trails in the country. To many it is much more than a walk; it is part of the history of access to the hills in England - and stepping out on the Pennine Way makes you part of that story.



Read more about the Pennine Way at
www.nationaltrail.co.uk/pennine-way

Mike Hartley holds the record for the fastest time to complete the trail - 2 days 17 hours 20 minutes and 15 seconds, finishing on 23 July 1989.

Wilf Proctor (pictured leaning on his official Land Rover) was the Yorkshire Dales National Park's first warden, appointed in 1963.

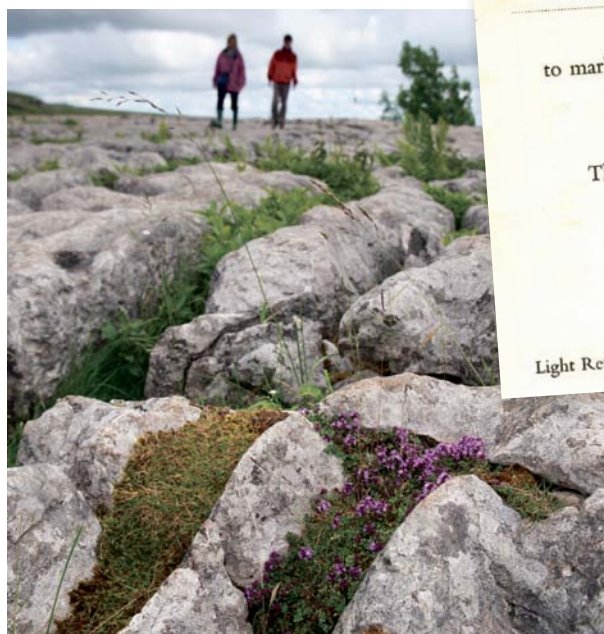
His job was to look after the National Park by promoting good relations between the people who live and work here and those who visit "for the greater benefit of all". He went on regular tours of inspection, guided visitors so that they could make the most of their stay and educated people on how to understand and behave in the countryside; he saw friendliness and leading by example as the key.

By 1965, Wilf had set up a 130-strong volunteer warden service to help him in his work, and one large task that year was a complete survey and signposting of the new Pennine Way. Carved oak direction signs, cairns and stakes were placed along its 51-miles within the National Park - although Wilf was determined they would be sparing and unobtrusive.

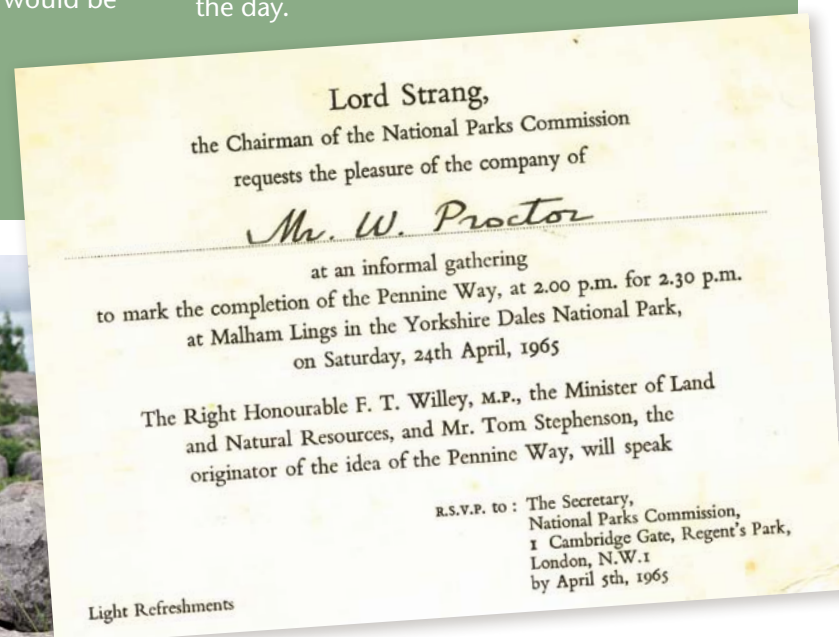
Wilf naturally attended the opening ceremony celebrating our first national trail. Held high



on Malham Moor, the local paper described it as a colourful occasion with "cheerful and brightly clad wardens of both sexes and numerous VIPs" and "a fine cross-section of the general public". Nearly two thousand walkers turned out to mark the day.



Above: Limestone pavement on the Pennine Way above Malham Cove. Below: Airlifting stone flags for footpath repairs



Natural England's vision for England and Wales' 15 National Trails is that they are the highest quality recreational routes connecting our finest landscapes.

Yorkshire Dales National Park Authority rangers and volunteers have worked alongside Natural England and many other organisations over the years to look after those well-loved footpaths that cross the Yorkshire Dales National Park.

In 2015 the Yorkshire Dales National Park Authority is taking on a major role in developing a partnership to manage the entire length of both the Pennine Way and the Pennine Bridleway to help secure the future of these great trails.

To achieve this, Natural England has provided a £350,000 grant to bring together all the individual organisations that have an interest along the two routes. The new Partnership will be led by the National Park Authority and managed locally with support from Natural England. We have appointed a new project officer to oversee budgets, route maintenance and improvement works.



Skipton & Bolton Abbey



The old priory at Bolton Abbey

The perfect gateway to the Yorkshire Dales, Skipton is at its southernmost base and is easily accessed by train from Leeds and Bradford.

Originally a trading centre for sheep and wool - its original name 'Sceap Tun' meant 'sheep town' - this small and friendly place with its nostalgic cobbled streets grew up around the castle, nearby church and market place. It now boasts many pubs, cafés and shops along with a still thriving regular market and a vibrant night life.

Cononley Hall

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Website: www.guesthouseskipton.co.uk
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opportunity to take a step back in time.

Craven Museum and Gallery is the home of the Skipton Shakespeare First Folio, one of only four on permanent display in the world. The Museum tells the story of many aspects of life in the Dales.

Skipton is also home to an unusual art venue which sees the Auction Mart transformed for the annual Art in the Pen and, more regularly, to host plays, comedians and film shows.

Not far from Skipton, the Bolton Abbey estate,

The 130-mile long Leeds-Liverpool Canal, one of the early achievements of the Industrial Revolution, runs through its heart and you can go on a trip along it in a narrowboat.

Skipton Castle was established here in the late eleventh century. Nine hundred years old, it is one of the most complete and best preserved in the country, giving excellent views over the town and Skipton woods and an exciting

owned for centuries by the Duke of Devonshire, lies on the banks of the River Wharfe.

Explore the romantic ruins of the twelfth century priory with woodland nature trails and riverside walks that are suitable for those less mobile or using wheelchairs. You can discover the Bodger's Camp and learn to make or buy a bird table, stool or dibber. For the avid angler, the Wharfe offers some great fishing experiences.

Hesketh Farm Park at Bolton Abbey has sheep, cattle, pigs and donkeys, an outdoor climbing frame and fun tractor rides - a great day out for all the family wanting a unique hands-on experience of farm life.

For steam buffs there is the nearby Embsay and Bolton Abbey Steam Railway. Now restored and run by enthusiasts, a trip on the steam train is a superb way to enjoy the area as the track winds between the village of Embsay and the abbey.

www.welcometoskipton.com

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Plan your visit

Getting around

The Yorkshire Dales National Park is very accessible by road (see map on centre pages), but car travel can have an impact on this special landscape.

Remember that you can beat the traffic and be kinder to the environment by using alternative means to get around.

Taking public transport means you

can relax and enjoy the scenery - and see over the top of drystone walls too! Why not walk or cycle to get out and about - your accommodation provider will have a wealth of local knowledge so you can really explore from your door.

By leaving your car behind on just a few days during your holiday, you will be making a valuable contribution to the Dales' future well-being.

Get on board

Whatever you do when you visit, don't miss a trip on one of the most spectacular train journeys in the world. The historic Settle-Carlisle line - part of the national rail service - will take you from Leeds through the heart of the National Park, rumbling over Ribbleshead Viaduct, an astonishing feat of Victorian engineering. Look out for special steam services - see www.settle-carlisle.co.uk.

For a relaxed ride and really local experience, jump on board one of the bus services providing links between the main towns and villages and the surrounding area. These are supplemented by extra services during the summer period, mainly Sundays and Bank Holidays - visit www.dalesbus.org for timetables.



What to see and do

The National Park has nearly 1,500km of footpaths to explore - from gentle strolls to real leg stretchers. It features long distance trails such as the Pennine Way, Dales Way and Coast to Coast, as well as being home to Yorkshire's own magnificent Three Peaks - Ingleborough, Pen-y-ghent and Wharfedale. Could you take up the famous challenge to walk all three (24 miles) in under 12 hours?

There are miles of good cycling to be had for all abilities - don't miss the newly-opened Pennine Bridleway - and amazing limestone scenery in the form of crags to climb and caves to take you deep underground.

Discover the remains of the former leadmining industry in Swaledale and Arkengarthdale, and have your breath taken away by natural limestone amphitheatre Malham Cove and enchanting Freeholders' Wood near Aysgarth Falls.

Take a picnic to one of our many beautiful waterfalls or admire the National Park's historic sites, such as the ruined priory at Bolton Abbey overlooking the River Wharfe.

Above all, enjoy it all at your own pace.



See www.yorkshiredales.org.uk for lots of great ideas to get you started



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Maximum of 8 people in a group

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Maximum of 6 people in a group

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Dales Countryside Museum

Sharing the stories of the people and places of the Yorkshire Dales

Housed in a converted Victorian railway station, the Dales Countryside Museum in Hawes is a great place to start your visit to the Yorkshire Dales.

Discover the stories of the people who have lived, worked and played here. There are fun and fascinating things for visitors of all ages to see and do.



Step back in time and find out how people have used elements of the landscape to survive. Experience the wonder of seeing amazing objects like our Bronze Age spearhead and gold Viking ring.

Explore our outdoor trail, creep inside our new den, play in our mud kitchen, see how many animals you can find and invent your own stories in our special storytelling chair. See traditional rural skills such as drystone walling and rug making brought to life.



Get crafty all year round at the 'Creation Station' in our railway carriages. There are heaps of activities during the school holidays, with 'Fun Fridays' new for 2015. We'll have trails and traditional games for you to explore and play.

The fun isn't just for kids! Grown ups, roll-up your sleeves and try something new like printmaking, felting or sausage making. Or why not visit our farmhouse kitchen display and pick up a recipe so you can have a go yourself?



This year is the 50th Anniversary of the Pennine Way and we're hosting a special exhibition to celebrate this milestone with the chance to buy an original artwork.

You can also visit our shop, as well as the new Waiting Room gallery featuring the work of local artists and makers, to find something 'Distinctly Dales' to take home with you.

Museum admission

Weekly Ticket

Adults £4.50

Concession £4

Under 16s FREE

Groups of 10 or over £4 each

Annual Pass - visit whenever you like for just £9 a year.

Open daily 10am to 5pm from February to October and 10am to 4.30pm from November to December. Closed Christmas Eve to Boxing Day and throughout January.

Dales Countryside Museum, Station Yard, Hawes, North Yorkshire, DL8 3NT

01969 666210

hawes@yorkshiredales.org.uk

www.dalescountrysideuseum.org.uk



@dalesmuseum

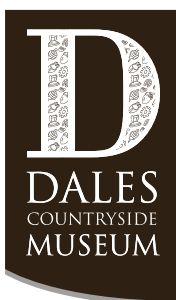


dalesmuseum



The Dales Countryside Museum is accessible by public transport and heritage buses drop off and pick up here. It is a pushchair and wheelchair friendly site with toilets and baby change facilities.

Support the Dales Countryside Museum - become a Friend, donate, volunteer, make a bequest or become a corporate partner.



Exhibitions 2015

28 February to 26 April Pennine Ways

Celebrating 50 years of the Pennine Way through the work of artists, photographers and sculptors.



29 April to 19 July A lino cut nature

Printmaker Helen Roddie explores aspects of the nature of the Dales in her detailed and textured work. Associated workshops: 17 and 31 May, 10am to 5pm (booking essential).

24 July to 6 October Connections North: Mirror Images Print Exhibition

An innovative exhibition presenting new work by 40 artists from four countries, drawing upon ideas of place, identity and environment. This ambitious printmaking project has been developed by



partners in North Yorkshire, Central Finland, the Highlands of Scotland and West Sweden.

12 October to 23 December Familiar Places, Special Spaces

Explore the Museum collections and unseen stories in new ways through the sketchbooks and collage work of Caroline Dunn. Associated workshops: 13 and 20 September, 10.30am to 4pm (booking essential).

LET'S GO WILD!

10 mini adventures in the National Park

- ☐ Climb to the top of Malham Cove and follow in Harry Potter and Hermione Granger's footsteps - *The Deathly Hallows: Part 1* was filmed here so bonus points for doing it in wizard's robes!
- ☐ Take your family on a bike ride round Malham Tarn.
- ☐ Skim stones at Semer Water - how many bounces can you do?
- ☐ Take a selfie on the top of Pen-y-ghent - wear a silly hat and send us the photo.
- ☐ Count the stars in the Milky Way - you'll be amazed what you can see in our dark skies.
- ☐ Have fun on one of our 'Wild Wednesdays' building bark boats and being a nature detective.
- ☐ Watch the salmon leap at Stainforth Force in October and November.
- ☐ Go on a hi-tech treasure hunt - follow a geocache trail starting at one of our National Park Centres.
- ☐ Eat a picnic with friends at Aysgarth Falls.
- ☐ Design and make a map of your favourite walk.



Picnic by the river

What shall I take?

What would you put inside your backpack for a day out on the hills? See page 12 for our suggestions.



“ We are all Young Rangers. We live in the National Park and love it. It's great going out into the countryside with our friends and family, and every month we get together as a group to plant trees, build drystone walls and mend footpaths. We think getting out and walking is a brilliant way to have a fantastic day out. ”

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Let's go wild!

Pack for a Peak

Going for a walk? Always dress and pack to suit the weather and your plans. Remember that conditions can change and even if it's warm and dry when you set out, it could get cold and wet later.

Olly Oystercatcher's walking checklist



- ✓ Get a grip - wear flat, comfy shoes or boots with a grippy sole
- ✓ Chill factor - take a woolly hat and gloves, fleece and coat
- ✓ Sun scream - bring a sun hat, sun cream and extra drink
- ✓ Don't be blue - avoid jeans - they get cold and heavy when wet
- ✓ Way ahead - carry a map, compass, whistle and torch - be sure you know how to use them
- ✓ Safety first - pack a warm drink, high energy bar or chocolate and mobile phone for emergencies.

Don't forget to tell someone where you are going!



Quite Interesting!

There are 1,454km of footpaths in the National Park - if you walked along them all it would be like going from the top of Whernside (the highest peak in the Yorkshire Dales) to the top of Mont Blanc in France.

Why did the owl say tweet tweet?

Because she didn't give a hoot

Sophie, 7



Camilo, 8

"I live in Mexico and I visit Malham every summer to see my Grandma and Grandpa"



Be creative with nature



Two sheep on a hill. One sheep says "baa" and the other one says "that's what I was going to say"

Bilal, 12

Quite Interesting!

Red squirrels - like those at our Snaizholme viewing point in Wensleydale - can sniff out food buried under a foot of snow.



Great Attractions

Board the train at the Dales Countryside Museum

Shoot an arrow at Bolton Castle

Brush a pig at Hesketh Farm Park

Explore the ruins at Bolton Abbey

Meet Bonnie and Clyde at Kilnsey Park



Why don't bats live alone?

They like to hang out with their friends

Natasha, 11 and Eva, 12



There are lots of small animals, living under rocks - how many can you find?

Been there, zine that

Make your own magazine about your visit to the National Park to win some brilliant prizes! Cut, stick, sketch, scribble - tell your story your way.

Pick up your zine template from one of our National Park Centres.



There are so many drystone walls in the National Park that if you joined them up they would be as long as the Great Wall of China - do you think you can see our walls from space, too?

Quite Interesting!



Poppy, 5

"I love crunching through the autumn leaves at Freeholders' Wood"

Reaching speeds of 250km per hour, peregrine falcons are the fastest animals on the planet - watch them do their stuff every summer at Malham Cove.

Quite Interesting!

Word search

e	n	o	t	s	e	m	i	l	s
h	t	a	p	t	o	o	f	l	m
c	n	i	r	c	w	t	l	e	o
g	u	r	m	o	a	a	o	l	o
n	f	r	d	g	f	v	r	t	r
e	r	a	l	r	a	t	e	t	l
e	e	a	e	e	v	l	o	a	a
m	r	t	b	o	w	i	a	c	n
m	a	h	l	a	m	o	u	t	d
w	e	l	a	d	e	l	a	w	s

Kardy



Countryside apprentice and Young Rangers leader

stalagmite footpath malham
waterfalls moorland cattle
limestone meadow cave
swaledale curlew barn



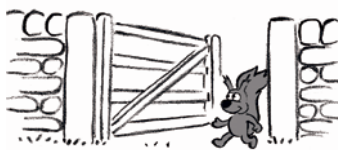
Quite Interesting!

Follow the Visitor Code with us...

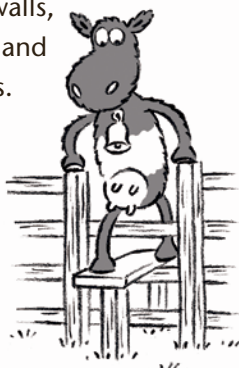
Enjoy yourself, while respecting other visitors and the local way of life.



Leave gates as they are found, whether open or closed.



Use gates and stiles to cross walls, fences and hedges.



Dales meadows are important - avoid trampling meadow grass by staying in single file.



Many wild plants live in the Dales, some are very rare - please leave them to grow.



Take litter home - try to recycle it.



"Most of my friends work but they don't enjoy it as much as I do. I feel very lucky to have got a job that is all about caring for the environment. It's given me so many skills and will potentially open so many doors for me for the future, but, hopefully, when it finishes, I'll get a job with the National Park."

Why did the cow cross the road?
To get to the udder side

Hassan, 10

"I enjoyed the secret tunnels at Clapham"



Osama, 8



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Sedbergh, Dentdale & The Howgills

Nestled below the high, rounded fells of The Howgills is Sedbergh, with its boutique shops, second-hand bookshops and cafes, making it a great base from which to explore the area.

Visit the Quaker meeting house at Brigflatts (pictured) and the restored Victorian woollen mill Farfield Mill Arts and Heritage Centre which is a hive of creativity with galleries, artists' workshops and craft demonstrations.

Also nearby is Cautley Spout, a dramatic waterfall which crashes down the side of The Howgills. It is reached from the Cross Keys, a temperance inn now owned by the National Trust.

Dentdale is a glorious, quiet limestone valley where you can find a real sense of tranquillity.

The cobbled streets of Dent are home to the award-winning George & Dragon pub with its own micro-brewery and the town's centrepiece, a memorial fountain to its most famous son, geologist Adam Sedgwick.



The Dent Village Heritage Centre is packed with artefacts explaining the history of the dale and its people, including the mining of the black Dent marble and the story of the 'terrible knitters of Dent'.

There are also some hidden surprises such as John Cooke's art gallery, blacksmith Lucy Sandys-Clarke, the Meditation Centre and Sophie's Wild Woollens.

The village's Flintergill Outrake Nature Trial features a limekiln, a toposcope and an ancient droving route on the way up to the majestic flanks of Whenside.

The impressive viaducts at Denthead and Arden

Gill carry the spectacular Settle-Carlisle Railway - first used for passenger steam trains in 1876 - to Dent Station, the highest mainline station in England at 1,100 ft.

Between Sedbergh and Dent is Holme Open Farm, providing a great family day out with a chance to get close to farm animals.

Ramblers will delight in the low walks on The

Dales Way by the River Dee and around Sedbergh as well as the higher level routes on the Howgills.

Visit www.discoverdentdale.co.uk and www.sedbergh.org.uk for more information.

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