

Gold Viking ring, found in Sedburgh
Dales Countryside Museum, Hawes



KELD ?

This is the end of your journey. The name of the village comes from the Viking word 'kalda' meaning spring. Weary travellers passing by must have been grateful for a cool drink of water here. The spring has long since disappeared back into the earth and before you can have your own refreshing drink you will need to solve this riddle otherwise you will find your water bottle has magically filled with sand! Clue: a Viking probably preferred this to a drink of water.

***"Would that I had now what I had yesterday,
find out what that was; mankind it mars, speech
it hinders, yet speech it will inspire. This riddle
ponder, O thirsty traveller!"***



When you get home, write us a story or poem about your adventures and send it to us at:
karen.griffiths@yorkshiredales.org.uk for a chance to win a fabulous Viking-themed prize (competition ends March 2019).

ANSWERS

How Hill:	A shield	Grinton:	A shield
Muker:	Buttercup	How Hill:	OATS
Keld:	Beer	Muker:	SALT
How Hill:	WATER	Keld:	YEAST
Grinton:	A shield	How Hill:	WATER



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To find out more:
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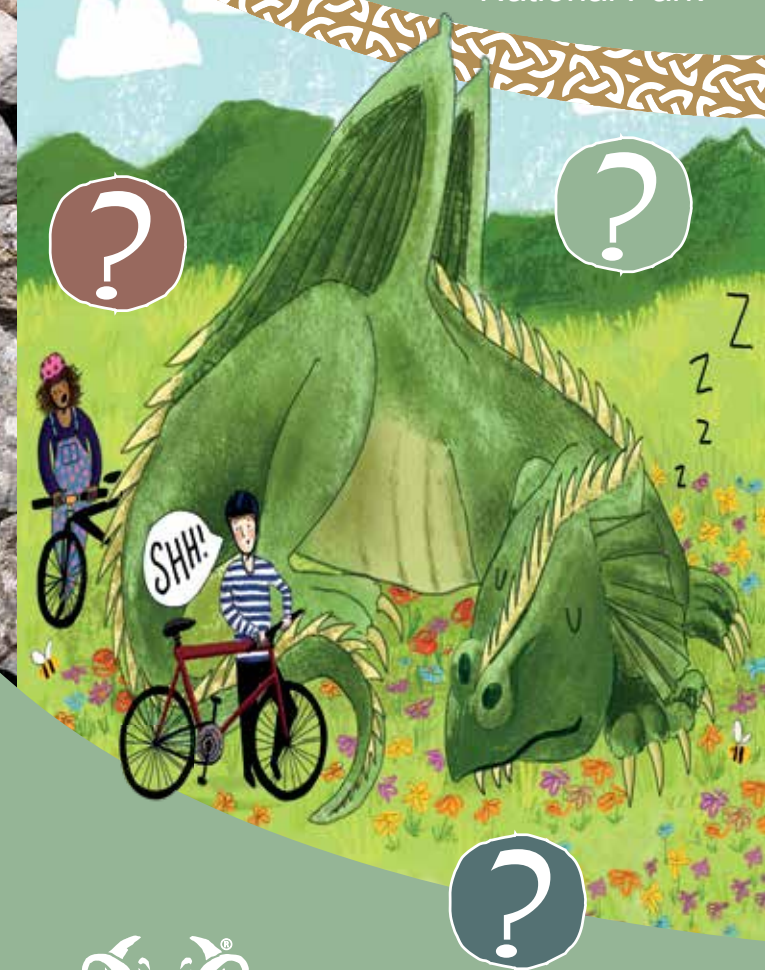


YORKSHIRE DALES
National Park

one of Britain's breathing spaces

The Swale Trail VIKING CHALLENGE

In the Yorkshire Dales
National Park



The Swale Trail VIKING CHALLENGE

To complete the Swale Trail, you must assume the role of a Viking adventurer travelling through unknown lands. You will face dangers such as dragons and sleeping warriors and have to face six challenges before you reach safety! You can then turn your adventures into a Viking saga and share it with us for the chance to win an exciting Viking-themed prize.

Some of the stopping points are tricky to find so we've installed some signs to help you find them. Other ones are easy, just use your Swale Trail cycle map.

THE GRINTON 'WORM' AND ITS WARRIOR

You are standing right beside an ancient burial mound and you will shortly cross over the line of a massive earth bank which is part of the Grinton-Fremington Dyke system. You are the only person who knows that the Dyke is in fact the back of a huge 'worm' or dragon. The Grinton worm and its warrior have slept undisturbed for centuries but if you cycle over the top of the worm, you may wake both of them (and you really don't want to do that). To keep them sleeping, you must solve the following Anglo-Saxon riddle:

**I am all on my own,
Wounded by iron weapons and scarred by swords.
I often see battle.
I am tired of fighting.
I do not expect to be allowed to retire from warfare
Before I am completely done for.
At the wall of the city, I am knocked about
And bitten again and again.
Hard edged things made by the blacksmith's
hammer attack me.
Each time I wait for something worse.
I have never been able to find a doctor who could
make me better
Or give me medicine made from herbs.
Instead the sword gashes all over me grow bigger
day and night.**

HOW HILL – DWELLING PLACE OF THE ANCIENTS

Can you spot the little hill to the right of the trail. On top is a prehistoric settlement, with a bank and ditch round it to defend its people from attack from wolves and robbers. The Vikings named this place 'haugr' – ancient dwelling place – they knew it was built thousands of years before they arrived.

There's a spell protecting the hill still, even though its people are long gone. Say the spell out loud three times and then you will be safe to pass.

**Elderberry,
Nettle's stalk,
Parasite's brain,
Let me carry on this path!**



Written by a member of
the Yorkshire Dales
Young Archaeologist Club



HAVERDALE

Have you got sandwiches for your lunch? Vikings didn't snack on bread, they ate oat cakes. The name of this place comes from the Viking word for oats 'hafn'. Can you work out the ingredients for a delicious oatcake from the word anagrams below. Your lunch will become invisible if you don't.



**TOAS
LAST
STAYE
REWTA**

GUNNERSIDE

As well as growing oats for their snacks, Vikings had lots of cows for their milk. They probably turned it into delicious salty butter and cheese so they could store it over the long winter months. In the summer they grazed their cows on summer pastures hereabouts, sons and daughters from the family had to come out and look after them, they lived in little huts and these were called 'saetr' which is where the word '-side' comes from. 'Gunner-' comes from the name of the Viking who lived here – 'Gunar'. Gunar has left you a riddle to solve before you can pass through his land.

**"Four hang, four
sprang, two point the
way, two to ward off
dogs, one dangles
after, always rather
dirty. Traveller, guess
my riddle."**



MUKER

Viking cows needed hay to feed them over the winter. All around Muker are the hay meadows where they grew their winter feed. The village name is from the Viking 'mjo-aker' meaning a small cultivated field. In the summer the same flowers the Vikings knew still grow in these fields. Four of those flowers are: yellow rattle; meadow cranesbill; red clover and betony



**Riddle me the fifth to pass on by.
In our meadows, bread and I spread well together
No saucer, but hares drink golden in all weather.
What am I?**

