

Walk with us

Discover and explore with the
Yorkshire Dales National Park
walks programme 2019



YORKSHIRE DALES
National Park

one of Britain's breathing spaces

Our walks

From pretty villages nestling in lush green valleys to breath taking views of windswept hills, the Yorkshire Dales National Park has it all.

And what better way to explore this beautiful area than on one of our special guided walks and events. Each one is led by our experienced, friendly Dales Volunteers who will take you on a wonderful adventure. Come and discover the hidden gems of the Yorkshire Dales with us.

Our walks are friendly and relaxed. We aim to provide an interesting and enjoyable introduction to the beautiful landscapes of the National Park, so your walk leader will take the time to point out features of interest along the way, and some walks will include many stopping points.

All our walks are taken at a gentle pace; we walk at the speed of the slowest participant, wait for everyone to get over stiles and generally take things easy.



How to book:

You can book your place through our online shop at **www.yorkshiredales.org.uk/guided-walks** or at the National Park Centre nearest to the start of the walk.

Contact details for each Centre are:

Aysgarth Falls National Park Centre

01769 662910

aysgarth@yorkshiredales.org.uk

Aysgarth, Leyburn

DL8 3TH.

Grassington National Park Centre

01756 751690

grassington@yorkshiredales.org.uk

Hebden Road, Grassington,

Skipton

BD23 5LB.

Hawes National Park Centre

01769 666210

hawes@yorkshiredales.org.uk

Dales Countryside Museum, Station Yard,

Burtersett Road, Hawes

DL8 3NT.



Malham National Park Centre

01729 833200

malham@yorkshiredales.org.uk

Malham

BD23 4DA.

Reeth National Park Centre

01748 884059

reeth@yorkshiredales.org.uk

Hudson House, Reeth,

Richmond,

DL11 6SZ.

Before you go!

- All our walks are led by experienced, enthusiastic Dales Volunteers.
- Booking is advisable as places are limited; see opposite page for details.
- Unless otherwise stated, walks cost £5 per person, 18s and under FREE. Proceeds support the work of the National Park Authority. Payment is taken at the time of booking.
- Car parking is included where walks start from a National Park car park.
- Refunds are only given if the walk is cancelled by YDNPA.
- Some of our walks are barrier-free and may be suitable for all-terrain motor scooters, wheelchairs and pushchairs.
- Assistance dogs are welcome. Other dogs are not allowed on our walks unless specifically stated. Where dogs are allowed they must be on a fixed lead no longer than 2m. All dogs must be able to negotiate stiles on the route.
- Please wear suitable clothing and footwear. You may need sun protection in hot weather.
- Don't forget to bring enough to drink and eat!
- Children are welcome but **MUST** be accompanied by an adult. Some walks are not suitable for young children.
- There are toilets at most starting points (please check) and sufficient car parking is available at the start of all walks.
- We have tried to schedule walks to fit with public transport so please use this whenever possible.
- Further details of our walks and other events are listed in *The Visitor 2019*; available at all National Park Centres, and at **www.yorkshiredales.org.uk**
- Please arrive 10 minutes before the start of the walk. There will be a walk leader there whatever the weather, but we might cancel in bad weather.
- Our event leaders have discretion not to accept participants who are not suitably equipped or whom they consider unable to participate safely. Although all reasonable steps have been taken to ensure safety on National Park events, participants join in at their own risk.

Other things to do in the Yorkshire Dales National Park:

We run some fantastic events in the Yorkshire Dales National Park, from our Dark Skies Festival and demonstrations at our National Park Centres, to our new for 2019 'Wild About' programme of events and activities for families.

To find out about all our events have a look at *The Visitor 2019*, available from National Park Centres or visit our events calendar at www.yorkshiredales.org.uk Or call in at the Dales Countryside Museum in Hawes or one of our other National Park Centres and talk to our friendly, knowledgeable staff. Our Family Events leaflet will be available from April onwards.



Who leads our guided walks?

Our guided walks are created and led by a team of volunteers who are passionate about the National Park. They are fully trained walk leaders and are very knowledgeable about the area; they lead the walks because they enjoy sharing their love of the National Park with others.

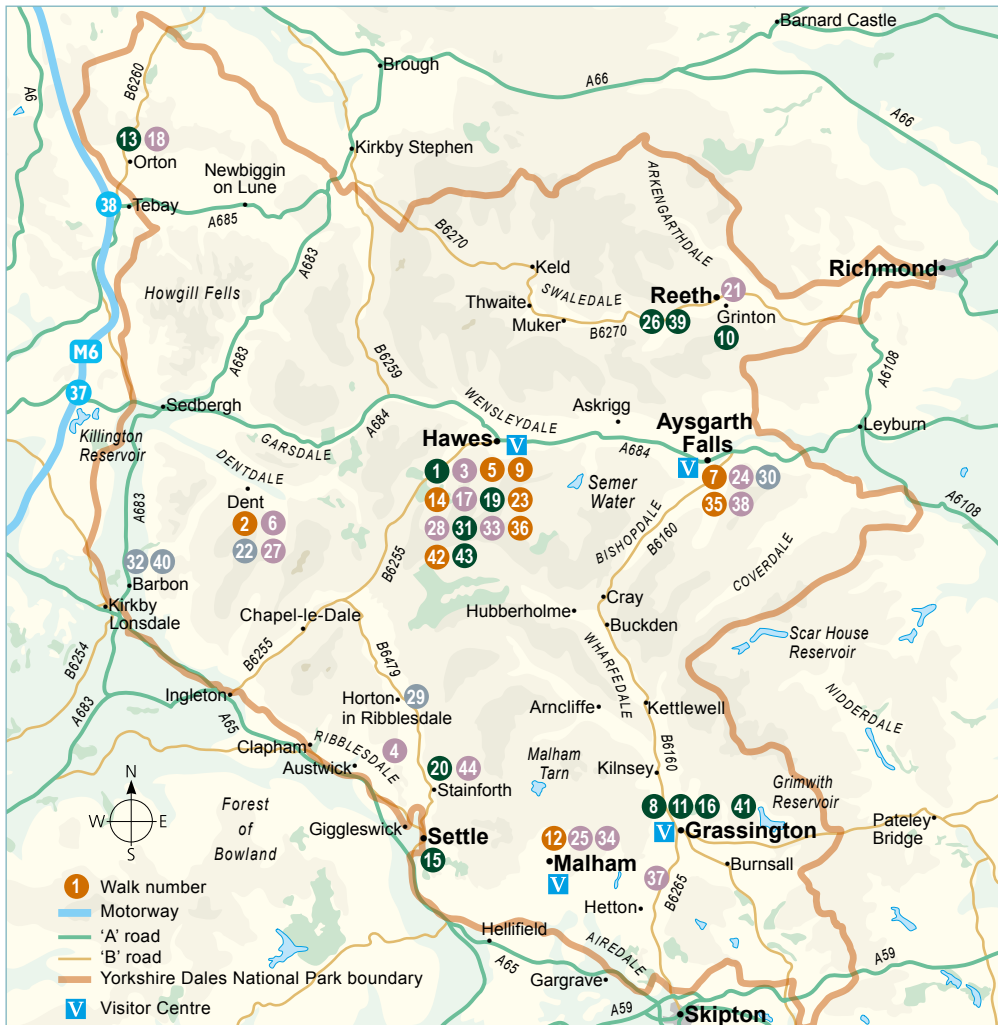
We get fantastic feedback from our walks: People who join us enjoy the friendly group atmosphere, the stunning landscapes and the local knowledge provided by our walk leaders.

Walkers of all ages, abilities and backgrounds are made very welcome. Please come and let us share our wonderful National Park with you.



Guided walk start points:

Visit our website for more detailed information about each walk.



Levels of walks:

We have walks for everyone! Each walk is graded so that you can choose a walk that you will enjoy. All walk times include stopping for information and rests. Some of our walks are barrier free, but many have stiles or steps.

- **Level 1:** gentle walks at a leisurely pace on good surfaces. These walks will take up to 2 hours. Please wear strong shoes or trainers with good grips.
- **Level 2:** slightly longer walks of up to 3 hours, sometimes over rough or uneven footpaths. Please wear strong shoes or trainers with good grips.
- **Level 3:** more challenging walks taking up to 3 hours. There might be steep sections and some stiles. Please wear walking shoes or boots.
- **Level 4:** our hardest walks! Up to 8 miles long and taking up to 6 hours, these are full day walks over rough terrain, with steep slopes and stiles. Reasonable fitness and walking boots needed!



Symbols:



L1 **L2** **L3** **L4** Level of walk

1 mile Length of walk  Stiles on walk

 Where to meet  Family friendly walks

 Contact  Barrier free

 Dogs allowed  Cost of parking included

 Dogs not allowed  Cost of walk



Red squirrel


April


1. Sunday 14 April 10.30 – 13.00 and 14.00 – 16.30


Secret Squirrel

1.5 miles **L2**    

We will show you how to find our lovely red squirrels and other wildlife on this stroll through the woods. This is a must for wildlife spotters and photographers. This will be an afternoon to remember!

 Dales Countryside Museum

 01969 666210

 £6 for adults, £2 children, this includes transport from DCM

2. Friday 19 April 14.00 – 16.30

Dent Town Trail

1.5 miles **L1**  


A short walk looking at historic buildings, the history of the village and its residents,




Dent

including Adam Sedgwick, the Terrible Knitters and the Dent Vampire!

 Dent Car Park, LA10 5QL

 01969 666210

 £5 adults


3. Tuesday 23 April 13.30 – 16.00


Barns, Walls & Bridges

4 miles **L3**  

Enjoy stunning views of Wensleydale in Herriot country. Discover more about barns, walls and bridges in the National Park and explore the hidden gem of Shaw Gill and its waterfalls and woods.

 Dales Countryside Museum

 01969 666210

 £5 adults




4. Wednesday 24 April 10.30 – 13.30


Spring Flowers in Oxenber and Wharfe Woods


4 miles L3   mid-morning snack



Join wildlife officer Tony Serjeant on a lovely walk to ancient Oxenber and Wharfe Woods. This is an area rich in spring flowers and fascinating habitats, and the views are stunning!

 Feizor, nr Austwick. Please check for details of parking arrangements.

 01729 833200

 £6 adults, £2 children. A voucher for a hot drink at Elaine's Tea Room in Feizor is included.



Cowslips in Oxenber and Wharfe Woods


5. Tuesday 30 April 14.00 – 16.00

Hawes Town Trail

2.5 miles L1  

Explore Wensleydale's lovely market town. This will be an exciting exploration of the history and beauty of Hawes and its surroundings.

 Dales Countryside Museum

 01969 666210

 FREE, donations welcome

May

6. Sunday 5 May 13.30 – 16.30


Sunnyside & Moneyside


4 miles L3  

Walk with us, stroll along the Dales Way

through pleasant flower meadows along the River Dee, and return on a centuries-old route linking the farms and what was the old Dent workhouse on the northern side of the dale.

 Dent Car Park, LA10 5QL

 01969 666210

 £5 adults


7. Wednesday 8 May 14.00 – 16.00


Wildflowers at Aysgarth

1½ miles L1    

Join Tony from our wildlife team to explore the flowers of Freeholders' Wood. There's a lot to discover in this fascinating woodland and the bluebells should be stunning!

 Aysgarth Falls NPC

 01969 662910


 £5 adults


8. Saturday 11 May 14.00 – 17.00


Wildflowers around Grassington

5 miles L2   

Join Chris and botanist Heather to improve your wildflower identification skills on a walk through flower rich meadows and woodlands. All abilities welcome. This walk will involve lots of stopping and looking.

 Grassington NPC

 01756 751690

 £5 adults



Bluebells in Freeholders' Wood 5



Dales Countryside Museum, Hawes

9. Tuesday 21 May 14.00 – 16.00

Hawes Town Trail

2.5 miles **L1**

Explore Wensleydale's lovely market town. This will be an exciting exploration of the history and beauty of Hawes and its surroundings.

- Dales Countryside Museum
- 01969 666210
- FREE, donations welcome

10. Tuesday 28 May 13.30 – 16.30

Grinton Mines & Mills

3.5 miles **L2**

Explore Grinton Moor and its fascinating lead mining remains with local experts. You'll discover one of the finest smelt mills in the Dales. Parking near the mines is limited and you may be asked to car share from the Youth Hostel.

- Grinton Youth Hostel front gate, DL11 6HS
- 01748 884059
- £5 adults



Grinton Lead Mines

11. Friday 31 May 21.00 – 23.00

Bat Walk around Grassington

2 miles **L2** £P

Love bats? Come with us and discover where to find them in and around Grassington. Please bring a torch; the walk home will be dark! Led by our wildlife team.

- Grassington NPC
- 01756 751690
- £5 adults

June

12. Sunday 9 June 10.00 – 12.00 and 14.00 – 16.00

Peregrine Walk Malham

1.5 miles **L1** £P

An easy walk to Malham Cove with Ian from our wildlife team. Learn about the peregrines that nest on the limestone cliffs and the other wildlife that shares this stunning landscape. You might even see this years' chicks leaving the nest!

- Malham NPC
- 01729 833200
- £5 adults



Peregrine falcon


13. Wednesday 12 June 13.00 – 16.30


Wildflowers in Orton

4 miles L2 

Join Sue Thurley from our wildlife team for a gentle stroll through the quiet lanes of Orton looking at the wildflowers found in its species rich road verges and hunt for some of the rarer orchids found in the area.

 Orton Market Hall, Orton, CA10 3RU

 Contact: 01969 666210

 £5 adults


14. Tuesday 18 June 14.00 – 16.00

Hawes Town Trail

2.5 miles L1  

Explore Wensleydale's lovely market town. This will be an exciting exploration of the history and beauty of Hawes and its surroundings.

 Dales Countryside Museum

 01969 666210


 FREE, donations welcome


15. Friday 28 June 20.30 – 22.30


Bat Walk around Settle

2 miles L2   

Love bats? Come with us and discover where to find them in and around Settle. Please bring a torch; the walk home will be dark! Led by our wildlife team.

 Settle Quaker Meeting House, Kirkgate BD24 9DX

 01729 833200

 £5 adults

July

16. Sunday 7 July 14.00 – 17.00


History of Lead Mining on Grassington Moor


4 miles L2  


Join this history walk to discover why this corner of the Yorkshire Dales National Park



became a place of heavy industry. We will visit remains of mining activity and the views are stunning.

 Yarnbury Car Park, 2 miles up Moor Lane, Grassington (grid ref: SE 015 658)

 01756 751690

 £5 adults

17. Sunday 7 July 13.30 – 16.30


Discover Aisgill Force

4 miles L3   

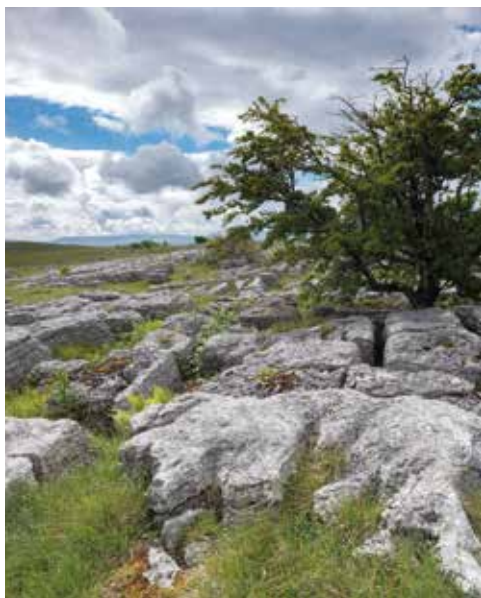
A gentle stroll past the home of Wensleydale cheese (think Wallace and Gromit) through the sleepy hamlet of Gayle to Aisgill Force one of our spectacular hidden waterfalls.

 Dales Countryside Museum

 01969 666210

 £5 adults





Orton Scar


18. Sunday 14 July 13.00 – 16.30


Discover Orton Scar

4.5 miles L3  

Come find spectacular views, beautiful limestone pavements, local farms and barns and a prehistoric stone circle. The initial ascent is quite strenuous but there is no need to rush!

 Orton Market Square, CA10 3RU.

 01969 666210

 £5 adults


19. Sunday 14 July 10.30 – 13.00 and 14.00 – 16.30


Secret Squirrel

1.5 miles L2    

We will show you how to find our lovely red squirrels and other wildlife on this stroll through the woods. This is a must for wildlife spotters and photographers. This will be an afternoon to remember!

 Dales Countryside Museum

 01969 666210


 £6 adults, £2 children, this includes transport from DCM


20. Wednesday 17 July 14.00 – 16.00


The Craven Limeworks

3 miles L2  

A 3 mile stroll exploring the three different methods of lime production carried on here, including the intriguing Hoffmann Kiln. Come and explore this little known archaeological gem which has to be seen to be believed.

 Stainforth National Park Car Park BD24 9PF

 01729 833200

 £5 adults

Swaledale





21. Thursday 18 July 10.30 – 15.30


Scenic Swaledale

5 miles L3  

Take a walk to find out about the local history and experience stunning views of this beautiful part of Swaledale.

 Hudson House, Reeth DL11 6SZ

 01748 884059

 £5 adults


22. Sunday 21 July 10.30 – 15.00


Delightful Dentdale

6.5 miles L4   

A lovely walk with spectacular views of Dentdale. Walk up through beautiful Flintergill to the Occupation Road, then drop back down to follow the Dales Way through meadows by the River Dee.

 Dent Car Park, LA10 5QL

 01969 666210

 £5 adults


23. Tuesday 23 July 14.00 – 16.00

Hawes Town Trail

2.5 miles **L1**  

Explore Wensleydale's lovely market town. This will be an exciting exploration of the history and beauty of Hawes and its surroundings.

 Dales Countryside Museum

 01969 666210

 FREE, donations welcome


24. Sunday 28 July 13.00 – 16.30


Falls, Flagstones and Freeholders

5 miles **L3**   

The history of this small area is full of interest; learn about traditional woodland management and enjoy stunning views!

 Aysgarth Falls NPC

 01969 662910

 £5 adults


25. Sunday 28 July 11.15 – 15.15


Malham Landscape Trail

5 miles **L3**   

Join us for this classic Malham walk and visit three of our most beautiful limestone landscape wonders: Janet's Foss, Gordale Scar and Malham Cove.

 Malham NPC

 01729 833200

 £5 adults



Janet's Foss, Malham


August


26. Sunday 4 August 13.30 – 16.30


Old Gang Mines

3.5 miles **L2**   

Explore the fascinating ruins of the lead mining industry of Swaledale set in a remote and beautiful landscape with local experts. This walk is accessible for all terrain mobility scooters. Walk starts from Surrender Bridge (Leave Reeth on the B6270 westwards. On leaving Healaugh take the right turn to Kearton & Surrender Bridge. Park on roadside at T junction)

 Surrender Bridge (grid ref: SD 989 998)

 01748 884059

 £5 adults



Dent


27. Sunday 4 August 13.30 – 16.30


Sunnyside & Moneyside

4 miles **L3**  

A walk in beautiful Dentedale. Stroll in beautiful Dentedale, stroll along the Dales Way through pleasant flower meadows along the River Dee, and return on a centuries-old route linking the farms and what was the old Dent workhouse on the northern side of the dale.

 Dent Car Park, LA10 5QL

 01969 666210

 £5 adults



Bolton Castle


28. Tuesday 6 August 13.30 – 16.00


Barns, Walls & Bridges

4 miles L3    £P

Enjoy stunning views of Wensleydale in Herriot country. Discover more about barns, walls and bridges in the National Park and explore the hidden gem of Shaw Gill and its waterfalls and woods.

 Dales Countryside Museum

 01969 666210


 £5 adults


29. Wednesday 7 August 10.00 – 15.30


Iconic Landscape of Ribblesdale

7.5 miles L4    £P

A stunning walk through classic limestone scenery with views of the Yorkshire Three Peaks, exploring the influence of humans on this special landscape. See glacial features and learn about the geology of the area.

 Horton-in-Ribblesdale NP car park BD24 0HE

 01729 833200

 £5 adults



10 *Ribblehead Viaduct*


30. Sunday 11 August 11.00 – 16.30


By Castle & Byway

7 miles L4    £P

Walk along byways and field paths to historic Bolton Castle, its picturesque village and fine views across to Pen Hill, and Aysgarth Falls, the jewel of Lower Wensleydale.

 Aysgarth Falls NPC

 01969 662910

 £5 adults


**31. Tuesday 13 August 10.30 – 13.00
and 14.00 – 16.30**


Secret Squirrel

1.5 miles L2    £P

We will show you how to find our lovely red squirrels and other wildlife on this stroll through the woods. This is a must for wildlife spotters and photographers. This will be an afternoon to remember!

 Dales Countryside Museum

 01969 666210

 £6 for adults, £2 children, this includes transport from DCM





Lune Valley



Gordale

32. Wednesday 14 August 10.30 – 15.00

Barbon to Casterton Round

8 miles L4

A pleasant low-level walk through the Lune Valley, with lovely views across to the hills. Points of interest include the Brontë sisters' connection to Casterton, a sculpture by Andy Goldsworthy, and the Roman road from Ribchester to Carlisle.

Barbon Village Hall, LA6 2LL

01969 666210

£5 adults

34. Wednesday 21 August 11.15 – 15.15

Malham Landscape Trail

5 miles L3

Join us on this classic Malham walk and visit three of our most beautiful limestone landscape wonders: Janet's Foss, Gordale Scar and Malham Cove.

Malham NPC

01729 833200

£5 adults

Aysgarth Falls



33. Sunday 18 August 11.00 – 16.00

Hawes Rural Heritage

5.5 miles L3

A lovely walk in Herriot country, through fields and along old bridleways with stunning views of the Yorkshire Dales, identifying remains of old industries and rural traditions.

Dales Countryside Museum

01969 666210

£5 adults



Hawes

35. Thursday 22 August 20.00 – 22.00

Bats at Aysgarth Falls

1.5 miles L1

Join Tony from our wildlife team to discover which bats live around Aysgarth Falls. Please bring a torch and be dressed to stand around outside.

Aysgarth Falls NPC

01969 662910


£5 adults


36. Sunday 25 August 14.00 – 16.00

Hawes Town Trail

2.5 miles **L1**  

Explore Wensleydale's lovely market town. This will be an exciting exploration of the history and beauty of Hawes and its surroundings.

 Dales Countryside Museum

 01969 666210

 FREE, donations welcome




Theshfield Quarry


37. Monday 26 August 11.00 – 14.00


The Magic of Threshfield Quarry

4 miles **L3**   

Come and see the impact of the recent work to regenerate this previously industrial site on a massive scale. This huge area shows what can be achieved after the quarrymen have left.

 Junction of Skirethorns Lane and entrance to Threshfield Quarry complex

 01756 751690

 £5 adults

September


38. Sunday 1 September 13.00 – 16.30


Falls, Flagstones and Freeholders

5 miles **L3**    

The history of this small area is full of interest; learn about traditional woodland management and enjoy stunning views!

 Aysgarth Falls NPC

 01969 662910


 £5 adults


39. Tuesday 3 September 13.30 – 16.30


Old Gang Mines

3.5 miles **L2**   

Explore the fascinating ruins of the lead mining industry of Swaledale set in a remote and beautiful landscape with local experts. This walk is accessible for all-terrain mobility scooters. Walk starts from Surrender Bridge (Leave Reeth on the B6270 westwards. On leaving Healaugh take the right turn to Kearton & Surrender Bridge. Park on roadside at T junction).

 Surrender Bridge (grid ref: SD 989 998)

 01748 884059

 £5 adults

Old Gang Mines




40. Sunday 8 September 10.30 – 15.00


Barbon to Casterton Round

8 miles **L4**   

A pleasant low-level walk through the Lune Valley, with lovely views across to the hills. Points of interest include the Brontë sisters' connection to Casterton, a sculpture by Andy Goldsworthy, and the Roman road from Ribchester to Carlisle.

 Barbon Village Hall, LA6 2LL

 01969 666210

 £5 adults





41. Sunday 8 September 14.00 – 17.00


Lead Mining on Grassington Moor

4 miles L2  

Join this history walk to discover why this corner of the Yorkshire Dales National Park became a place of heavy industry. We will visit remains of mining activity – the views are stunning.

 Yarnbury Car Park, 2 miles up Moor Lane, Grassington (grid ref: SE 015 658)

 01756 751690

 £5 adults


42. Tuesday 10 September 14.00 – 16.00

Hawes Town Trail

2.5 miles L1  

Explore Wensleydale's lovely market town. This will be an exciting exploration of the history and beauty of Hawes and its surroundings.

 Dales Countryside Museum

 01969 666210

 FREE, donations welcome




Wensleydale


**43. Sunday 15 September 10.30 – 13.00
and 14.00 – 16.30**


Secret Squirrel

1.5 miles L2   

We will show you how to find our lovely red squirrels and other wildlife on this stroll through the woods. This is a must for wildlife spotters and photographers. This will be an afternoon to remember!

 Dales Countryside Museum

 01969 666210

 £6 for adults, £2 children, this includes transport from DCM



Hoffmann Kiln


October


44. Sunday 13 October 13.30 – 16.30


The Industrial Past of Ribblesdale and the Leaping Salmon

4 miles L3   

We will lead you alongside the River Ribble to talk about the River's industrial past. With luck you will see salmon leaping up Stainforth Force. The walk returns via the Hoffmann Kiln and Langcliffe, a quiet village with a violent past.

 Stainforth NP car park, BD24 9PF

 01729 833200

 £5 adults

What walkers enjoyed about our walks in 2018:

*'Not having to find our own way!
The guides were excellent.'*

'Lovely countryside, good company.'

'Good pace, lots of information, and opportunities to ask questions all with a knowledgeable guide.'

'It was a lovely walk in an area I adore.'

'We enjoy walking and know the Dales quite well, but we've enjoyed seeing places we might not have chosen ourselves normally'

'We learnt lots and we loved taking the children on a walk that someone else had organised!'

'Someone else to walk with.'

'Good company and the exercise!'

'All of it!'

Did you know that on average you walk 2,112 steps and burn 100 calories per mile; that spending time in the countryside boosts your mood and that learning new things increases your wellbeing?

A guided walk in good company will give you an all round boost!

The Yorkshire Dales was designated as a National Park in 1954 in recognition of its outstanding diversity of wildlife habitats and rich cultural heritage.

It is one of a family of national parks in the UK and is administered by the Yorkshire Dales National Park Authority.

Published by the
Yorkshire Dales National Park Authority.

To find out more:

visit www.yorkshiredales.org.uk

call 0300 456 0030

email info@yorkshiredales.org.uk



YORKSHIRE DALES
National Park Authority

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