## **Bolton Abbey to Grassington**

Distance: 9 miles (14.5 km)

Time: a minimum of about 4½ hours

**Terrain:** Easy, level walking along popular riverside with few path-finding problems

Map: Ordnance Survey Explorer Series (1:25 000) map OL2

Parking: At Grassington National Park Authority car park (BD23 5LB; SE003637)

Other transport: Bus 74 from Ilkley (Mon – Fri). To make the route shorter you can also board/alight at Barden Tower, or Burnsall

**Toilets:** Bolton Abbey village, Cavendish Pavillion, Burnsall and Grassington

Refreshments: Cafes at Bolton Abbey village and Cavendish Pavillion; cafes and pubs at Burnsall and Grassington

Closest National Park
Centre: Grassington
National Park Centre, at the
end of the walk

## **Route description**

This route follows part of the 'Dales Way', which is well signposted along its route:

- From Bolton Abbey's main bus stop in the village centre find the "hole in the wall" which leads to Bolton Priory and the bridge and stepping stones below. Cross the bridge and follow the path along the far side of the river to a wooden bridge and cross over to Cavendish Pavilion where there are public toilets, a café and a shop.
- Take the path leading away from Cavendish Pavilion continuing upstream through Strid Woods. The route starts along a wide, stone chipped path before becoming more narrow and rocky as you leave the Strid section.
- Keep following the river upstream until you emerge from the woods. Take the bridge across the river to meet the road at Barden Bridge.
- Cross the road here and follow it along the river until the path leads off to the left. Keep to the riverside for around a mile, where you will come away from the river bank to meet a road. Turn left, cross the bridge and follow the Dales Way sign on its immediate left, back to the river.
- The path simply continues until you reach Burnsall, where you cross the river on the road bridge. Here there are public toilets, a shop, a café and a pub.
- The Dales Way continues upstream, alongside the Red Lion Inn past Loup Scar to the suspension bridge around a mile further on.
- Cross the bridge, continuing along the riverside eventually reaching, but not crossing, the stepping stones. Instead, turn right through the gate and then left at the lane. After passing the trout farm look for a stile on the left which leads to a riverside to path crossing fields to Linton Falls.
- At the Falls, turn right up the narrow enclosed way to Grassington National Park Centre, the car park, toilets and bus shelter.
- For further facilities in the village centre turn left at the road and walk around 200m.



## **Bolton Abbey to Grassington**



Scale 1:55000

Compiled by on 19 March 2012

